

*Understanding the Enneagram*, Russ Hudson & Don Riso

Ones need joy.

Twos need to be truthful in who they are.

Threes need commitment to others.

Fours need to have a higher purpose in life.

Fives need to be committed to constructive action.

Sixes need to trust and surrender to reality.

Sevens need to be open to the sacredness of each moment.

Eights need to serve others.

Nines need humble self-love.