

A.H. Almaas -- "Keys to the Enneagram," with Russ Hudson

<https://www.youtube.com/watch?v=va-S5gmmzoM>

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Hudson -

The point of the enneagram isn't to cram ourselves into a box. The types/points are to help us be more skillful at observations so we can see more clearly what's going on with us. They open our view.

The Law of Seven (7)

All processes have shock points or discontinuities; points at which you need to be open to something beyond what you've been doing; something needs to be kicked into the system.

There are little processes and big processes. Some are generations long. No process is individual. Our ego-mind thinks that each process is a single, separate process. All processes are interwoven and embedded in an infinite number of other processes. **We're a symphony of processes.** When you start to get the idea of that, you start to get the idea of the "Holy Law and Holy Harmony" of type/point 3. You recognize you are not a separate thing on a static background. **You are part of the intelligent flow and movement of everything.**

Almaas -

Our life is a process. The spiritual path is recognizing where are you at this moment. What are you experiencing? When you can fully experience that, we naturally move because our consciousness is always in process. It naturally moves. **If you really do the Enneagram path, you see you become *all* the points/types. You become the whole Enneagram at some point, with all its qualities and all its Holy Ideas.**

We're always in process. Reality is always revealing itself.