

Mapping the Circle of the Enneagram

↓	Birth Process (Age)	Psychological Domains	Developmental Tasks	Heroine's & Hero's Journey
9	How do I maintain stability (viable fetus 30-36 weeks)	Context or environment – systemic process of living	Cooperate	The Ordinary World - how to maintain stability
1	Awareness of limitations and frustrations (fetus 34-37 weeks)	Ideals – imaginary standards of excellence that serve as templates which help us separate ourselves from the environment and discern right and wrong	Separate	The Call to Adventure – what is right and ideal?
2	How do I adapt (fetus 36-39 weeks)	Behavior – doing something in relation to someone/something else in order to learn how to better relate in order to adapt	Relate	Refusal of the Call – what is needed that I have attempted to avoid?
3	What are my capabilities, and how do I get my needs met (fetus full term)	Capabilities – capacity to promote and perform the behaviors in order to move towards one's ideals in a given environment	Promote	Meeting with the Mentor – how to begin
4	What are my inadequacies (entering the birth canal)	Values – represent the emotional investment we have in our experience in relation to the people and things in our environment in order to tune into our personal experience of what works for us	Individuate – breaking down social contracts so that the individual is free to make new connections that are more supportive of the emergent self	Tests, Allied & Enemies – what gets in the way; what do I really want; trusting and forgiving oneself
5	Incoming information (descent into the birth canal)	Belief – the process of mapmaking to investigate and navigate through life in order to deepen and expand our understanding	Investigate	Approach to the Inmost Cave – why am I going through this?
6	Differentiation – what do I keep, and what do I let go of (crowning, extension, birth)	Questioning – allows us to imagine a different way of going about life and to differentiate fact from fiction in order to anticipate better consequences	Differentiate – to honor our unique differences and discover our unique contributions; the ability to maintain their sense of individuality in close proximity to people they are care about, not react to others' reactivity, and self-regulate emotionality so discernment can be used to tolerate pain for growth.	The Ordeal (crisis, turning point) – what do I remain faithful to, and what do I let go of?
7	What's next? Exploration and trial and error (post birth 7-8 months)	New ideas – untried concepts of our perception in order to discover new possibilities and begin planning new outcomes; creativity begins with possibility	Discover	Reward – entertaining the enlightening realization of one's true nature but no full commitment yet – what next, and how do I enjoy it?
8	New sense of self, mastery and life's calling (age 5-11 months)	Identity – who we think or belief we are in order to make predictions and helps us implement the ideas, beliefs, values and capabilities needed to master the challenges we take on	Mastery	The Road Back –gaining mastery of one's new identity and sharing the wealth; emotions come pouring out when one owns up to the truth; surrendering even deeper – what do I want to master or manifest?
9	Consolidation and reaping the benefits (age 9-12 months)	Community – groups who share commonalities in order to develop cooperation needed to consolidate changes we manifest	Homeostasis at new level	Return with the Elixir of Life – the hero returns to the ordinary world – how do I consolidate and maintain the changes?