

## Self-Love Through the Enneagram

9 QUESTIONS TO HELP YOU FIND YOUR PURPOSE

Find Your North Star

Shift 2018

Robert Holden

At Point **Nine**, we embrace the whole circle if we're willing to include ourselves in the whole journey. As we look from the vantage point of Nine, we see that

**the less we love ourselves, ...**

|   |  |
|---|--|
| 1 | ...the more we will judge ourselves and also everyone else we love.<br>How would I like to leave this world a better place?                      |
| 2 | ...the more conditional we're going to be in our loving of others.<br>How would I like to serve?   |
| 3 | ...the more we will accuse others of not loving us.<br>What would I like the greatest accomplishment of my life to be?                           |
| 4 | ...the more we'll be looking for love in all the wrong places.<br>How am I expressing my creativity?   |
| 5 | ...the more cynical we will be about our chances of loving and being loved.<br>What would I like the world to know?                              |
| 6 | ...the more we will fear committing to love.<br>What do I believe in?  |
| 7 | ...the most skeptical we will be about finding real love, and that will keep us seeking on and on.<br>When do I feel like I am following my joy? |
| 8 | ...the more we will actually defend ourselves against the people we actually love.<br>When do I feel most alive?                                 |
| 9 | ...the more we exclude ourselves in the journey.<br>How would I like to love the world?  |