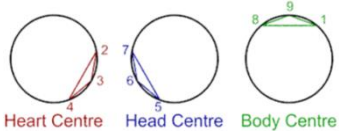
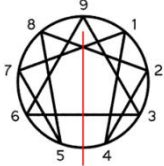
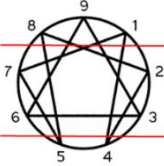
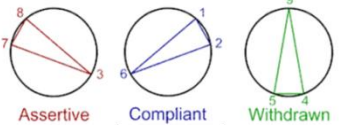
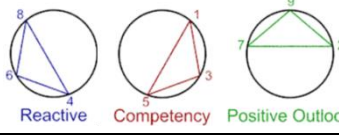
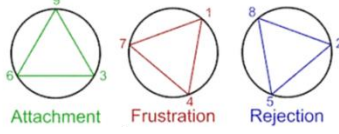


TRIADS

<p>Centers</p>  <p>Heart Centre Head Centre Body Centre</p>	<p>Centers tell us what each type is seeking and their primary imbalance.</p> <ul style="list-style-type: none"> • Body/Instinctive Center (Types 8,9,1) – down to earth, fiery, sensate, no-nonsense, impatient, non-emotional • Heart/Feeling Center (Types 2,3,4) – flowing, feminine, warm, expressive, relational, sensitive • Head/Thinking Center (Types 5,6,7) – airy, masculine, cool, intellectual, commonality-related, non-reactive, non-emotional
<p>Vertical Zones</p> 	<ul style="list-style-type: none"> • <i>Involution</i>: creating images (art) – feminine archetypal process, imaginative, wild, nurturing, subjective, animates the material world – 9 being, 1 dreaming, 2 anticipating, humanizing, 3 authenticating, 4 individualizing, 5 deepening, surrendering • <i>Evolution</i>: evaluating images (science) – masculine archetypal process, simplifying, scientific, objective, implements, evaluates and rejects – 5 observing, 6 systematizing, serving, 7 sharing, celebrating, 8 consolidating, 9 assimilating, being <p>The body center cradles both sides, focusing on the ethics that govern behavior</p>
<p>Horizontal Zones</p> 	<p>High, medium and low energies.</p> <ul style="list-style-type: none"> • Spirit – Irritable, instinctual, and resolute. They gain balance by translating spiritual fire into physical action. • Ego – Congenial, outgoing, relational, and interactive. They gain balance by getting involved in the world around them. • Soul – Solitary, socially withdrawn, and sensitive. They gain balance by attuning to the depths of life.
<p>Hornevian Social Styles</p>  <p>Assertive Compliant Withdrawn</p>	<p>How each type tries to get what it wants –</p> <ul style="list-style-type: none"> • Compliant Cooperators group (Types 1,2,6) – moving with • Withdrawn Soloists group (Types 4,5,9) – moving away • Assertive Initiators group (Types 3,7,8) – moving against
<p>Harmonics (conflict styles)</p>  <p>Reactive Competency Positive Outlook</p>	<p>What each type does when it does not get what it wants –</p> <ul style="list-style-type: none"> • Positive Outlook group (Types 2,7,9) – put aside disappointment • Competency Group (Types 1,3,5) – put aside personal feelings • Reactive Group (Types 4,6,8) – needs reaction from others
<p>Object Relations</p>  <p>Attachment Frustration Rejection</p>	<p>Fundamental emotional state that sustains each type's sense of self –</p> <ul style="list-style-type: none"> • Attachment group (Types 3,6,9) – adapt so they can attach; subtle energy, does nothing with the energy, anti-matter that holds matter in place 3s are receptive to social/relational signals 6s are receptive to mental signals 9s are receptive to somatic signals • Frustration group (Types 1,4,7) – always disillusioned; super energy 2s are super feelers 5s are super thinkers 8s are super body types • Rejection group (Types 2,5,8) – rejected by others and self; internalized energy 1s create complex ethical (action-oriented) systems 4s create synesthetic/integrative forms of art 7s think up eclectic innovations and futuristic schemes