

## Wake Up Calls, Manipulations, Red Flags & Connecting Points

	Wake Up Calls - moving from average to fixated	Manipulation in the fixation range	Aggressive intensification when manipulation fails	Red-flag fear in unhealthy range	Connecting Point →	Connecting Point ←
8	Feeling they must push and struggle to make things happen.	Dominating and demanding others do as they say.	Fearing they will be harmed or controlled, 8s make others fear that they will be harmed or controlled by their 8 belligerent and intimidating threats.	Fear that others are turning against them and will retaliate.	Self-confident 8s suddenly become secretive, vindictive and fearful at 5; <b>or</b> more discerning and humble at 5.	Controlling 8s become more open-hearted, caring and responsible at 2; <b>or</b> more arrogant or clingy at 2.
9	Outwardly accommodating themselves to others.	Checking out and passive aggressively resisting others.	Fearing they will suffer loss of connection with others, 9s make others feel they have lost connection with 9s by tuning them out in various ways.	Fear that they will be forced by reality to deal with their problems.	Complacent 9s suddenly become anxious and worried at 6; <b>or</b> self-reliant and supportive at 6.	Self-neglecting 9s become more self-developing, focused and energetic at 3; <b>or</b> desperate for attention at 3.
1	Feeling a sense of personal obligation to fix everything themselves.	Correcting others and insisting they share their standards and ideals.	Fearing they may be evil, corrupt or defective in some way, 1s point out evil, corruption and defectiveness in others.	Fear that their ideals are actually wrong and counterproductive.	Methodical 1s suddenly become moody and irrational at 4; <b>or</b> self-accepting of emotions at 4.	Angry, critical 1s become more spontaneous, imaginative and joyful at 7; <b>or</b> avoidant at 7.
2	Believing they must go out to others to win them over.	Finding out others' needs and desires in order to create dependency.	Fearing that they are unwanted and unloved, 2s make others feel unworthy of 2's love, generosity and attention.	Fear that they are actually driving friends and loved ones away.	Needy 2s suddenly become aggressive and dominating at 8; <b>or</b> courageous and forgiving at 8.	Arrogant, self-deceptive 2s become more self-nurturing, emotionally aware and aspirational at 4; <b>or</b> more despairing at 4.
3	Beginning to drive themselves for status and attention.	Charming others and adopting whatever image will work.	Fearing they are worthless and without value in themselves, 3s make others feel worthless by treating them arrogantly or with contempt.	Fear that they are failing and their claims are empty and fraudulent.	Driven 3s suddenly become overwhelmed, disengaged and apathetic at 9; <b>or</b> reengage with others and just <i>be</i> at 9.	Vain, deceitful 3s become more cooperative and committed to others at 6; <b>or</b> distrustful at 6.
4	Holding on to and intensifying feelings through imagination.	Being temperamental and making others walk on eggshells.	Fearing they do not have an identity or any personal significance of their own, 4s treat people disdainfully, as if others were nobodies and had no value or significance.	Fear they are ruining lives and wasting their opportunities.	Aloof 4s suddenly become overinvolved, intrusive and clingy at 2; <b>or</b> more connected with others and self at 2.	Envious, emotional 4s become more objective and principled at 1; <b>or</b> rigid and closed-minded at 1.
5	Withdrawing from reality into concepts and mental worlds.	Staying preoccupied and detaching emotionally from others.	Fearing that they are helpless, incapable and incompetent, 5s make others feel helpless, incompetent and incapable.	Fear that they are never going to find a place in the world or with others.	Detached 5s suddenly become hyperactive, impractical and scattered at 7; <b>or</b> open to possibilities and joy at 7.	Avaricious, detached 5s become more self-confident and decisive at 8; <b>or</b> threatening at 8.
6	Becoming dependent on something outside themselves for guidance.	By complaining and testing others' commitment to them.	Fearing that they are without support or guidance, 6s undermine the support systems of others, trying to isolate them.	Fear that their actions have harmed their own security.	Dutiful 6s suddenly become competitive and driven at 3; <b>or</b> inner-directed and feeling more valuable at 3.	Fearful, pessimistic 6s become more relaxed, optimistic and trusting of others at 9; <b>or</b> defensive at 9.
7	Feeling that something better is available somewhere else.	Distracting others and insisting others meet their demands.	Fearing they are trapped in pain and deprivation of some sort, 7s cause pain and make others feel deprived.	Fear that their activities are bringing them pain and unhappiness.	Scattered 7s suddenly become critical, brittle and perfectionistic at 1; <b>or</b> more accepting of life and a higher purpose at 1.	Gluttonous, scattered 7s become more focused, self-contained and profound at 5; <b>or</b> feel lost at 5.