

Wings & Connecting Lines

Eight

¹ Wing 9 Ally ² –	<i>energized</i> by peaceable kingdom, empathy, humility and considering alternatives
¹ Wing 7 Shadow ³ –	<i>grounded</i> by taking themselves lightly and being flexible
	¹ When 8s balance between 7’s idealism about <i>the way things should be</i> with 9’s acceptance of <i>the way things are</i> , they act with natural power allied with ‘The Force’ without guile.
⁴ Stretch between:	broader, utopian vision <i>and</i> inertia
⁴ Responds by:	revenge; bringing prejudice to what they encounter see what they want to see and becoming entrenched material gratification and sensory satisfaction
¹ High performance – 2	take-charge doer, powerful, responsible
¹ Stress – 5	loud, excessive, confrontational, insensitive, vindictive

Nine

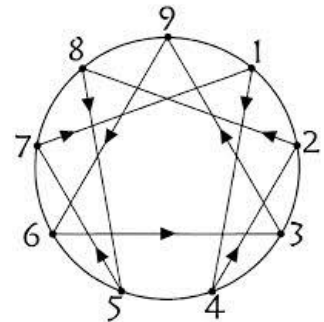
Wing 1 Ally –	<i>inner</i> must conform to <i>outer</i> societal rules; <i>energized</i> by order, clear priorities; clear right and wrong
Wing 8 Shadow –	<i>outer</i> society must conform to <i>inner</i> rules; <i>grounded</i> by direct exercise of power, by feeling and expressing, by willingness to engage
	9s evolve when they claim 8’s powerful will and utilize 1’s strong, value-based preferences.
Stretch between:	“bad” <i>and</i> “good”
Responds by:	resignation; bearing down and not moving deadening of inner impulses stalling of movement in hopeless conflicts
High performance – 3	direct, focused action towards clear goal
Stress – 6	driven to action by doubt and intention of others

One

Wing 2 Ally –	<i>transformed</i> by feeling feelings of and for others, compassion instead of rules, helping someone else
Wing 9 Shadow –	<i>grounded</i> by going with the flow, empathy, and respecting processes
	When 1s balance 9’s <i>letting it be</i> with 2’s <i>servicing others</i> , they can respond to the needs of the particular situation.
Stretch between:	going to sleep <i>and</i> pride
Responds by:	resentment inner sense of worthlessness, resignation, valuelessness or, self-inflation, grandiosity, over-valuing
High performance – 7	pleasure in ambiguity, spontaneity, imagination; considers alternative instead of one right way
Stress – 4	emotional, melancholic, but wake-up call to feelings

Two

Wing 3 Ally –	<i>transformed</i> by staying on task and being respected for efficiency
Wing 1 Shadow –	<i>grounded</i> by adhering to rules and procedures
	2s evolve when they value their own 4 feelings enough to act (3) on them directly.
Stretch between:	high morals (being good) <i>and</i> duplicity (looking good)
Responds by:	flattery feeling hopeless about ability – turns to others for salvation being both dependent victim and co-dependent
High performance – 4	claim and act on own aspirations and passions
Stress – 8	bossy, bully



¹ Michael J. Goldberg, *The 9 Ways of Working: How to Use the Enneagram to Discover Your Natural Strengths*, 1999

² Wing Ally (Goldberg): a practical source of leverage; what draws you, what excites you; catalyst for transformation

³ Wing Shadow (Goldberg): rejected or disowned part of self; distasteful, judgmental, “I’m not that!”; often projected onto others

⁴ Kathryn Grant, IEA workshop, July 2020. “Most of this work is from Michael Goldberg and to him, all the glory should go. This is a basic outline of the work I do with wings. If you use, be careful to credit Michael Goldberg and me.” ~Kathryn Grant

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Three

Wing 4 Ally –	<i>transformed</i> by connecting with heart's desire and true calling
Wing 2 Shadow –	<i>grounded</i> by being in service and sensitivity to others' feelings
	When 3s balance 2's feelings of others and their own 4 feelings, they can be honest with themselves and others.
Stretch between:	two emotive styles of helplessness <i>and</i> depression
Responds by:	vainglory and excessive vanity feeling cut off from direction and inner sense of depth and dynamism – living life on the surface. believes themselves to be totally self-reliant and self - determined swing into action – lose contact with how or if they feel
High performance – 6	team builders, loyal idealists, strategic
Stress – 9	overwhelmed, vegging out

Four

Wing 5 Ally –	<i>transformed</i> by an objective vantage point
Wing 3 Shadow –	<i>grounded</i> by doing ordinary stuff and attending to mundane details
	When 4s balance 3's material achievement with 5's objective achievement, they feel a sense of emotional equanimity.
Stretch between:	nothingness of 3 (hopelessness) <i>and</i> the dryness of 5 (isolated despair)
Responds by:	melancholy feeling a profound sense of estrangement from life and from people striving to make contact with something authentic within self and others
High performance – 1	steady, principle action
Stress – 2	excessive helping, intrusive, desperate

Five

Wing 6 Ally –	<i>energized</i> by being a part of and solidarity; willing to take and act on public positions
Wing 4 Shadow –	<i>grounded</i> by claiming rejected emotions, sensitivity and passion
	When 5s balance their 4 feelings with their 6 sense of intellectual engagement, they can observe with true detachment.
Stretch between:	longing for authentic connection <i>and</i> fear, self-doubt, insecurity
Responds by:	stinginess staying at a safe distance from experience developing a strong need to know – to scout the territory and gain knowledge
High performance – 8	engaged, taking bold risks, making the vision real; fully embodied and open-hearted
Stress – 7	impractical, indulgent, intellectual non-stop talking

Six

Wing 7 Ally –	<i>transformed</i> by positive potential, possibilities and fun
Wing 5 Shadow –	<i>grounded</i> by being a detached observer and getting all the info
	6s are grounded by 7's possibilities and options and 5's gathering of needed information.
Stretch between:	"not enough" <i>and</i> "plenty" – the uneasy intersection between moving away from <i>and</i> moving toward
Responds by:	doubting, stuttering and vacillating – doubt begins to feel like certainty between inner emptiness and needing to feel upbeat, they end up not know what they are feeling
High performance – 9	trusting the natural flow; faith in the team
Stress – 3	manic doing, over-responsible, imprudent rushing ahead

Seven

Wing 8 Ally –	<i>transformed</i> by committed exercise of power
Wing 6 Shadow –	<i>grounded</i> by fidelity and dealing honestly with fears
	7s evolve when they treasure their ideas enough to act of them (8) instead of thinking there's more and when they stop running from their 6 fears.
Stretch between:	the fearfulness of 6 (I am smaller) <i>and</i> the intrusiveness and over confidence of 8 (I am bigger)
Responds by:	planning; the stimulation and excitement keeps them in their thinking and allays fear tasting but not immersing or savoring; not knowing where they are – literally and figuratively
High performance – 5	self-contained, scrupulous, detail-oriented observer
Stress – 1	autocratic, brittle, rigid, demanding