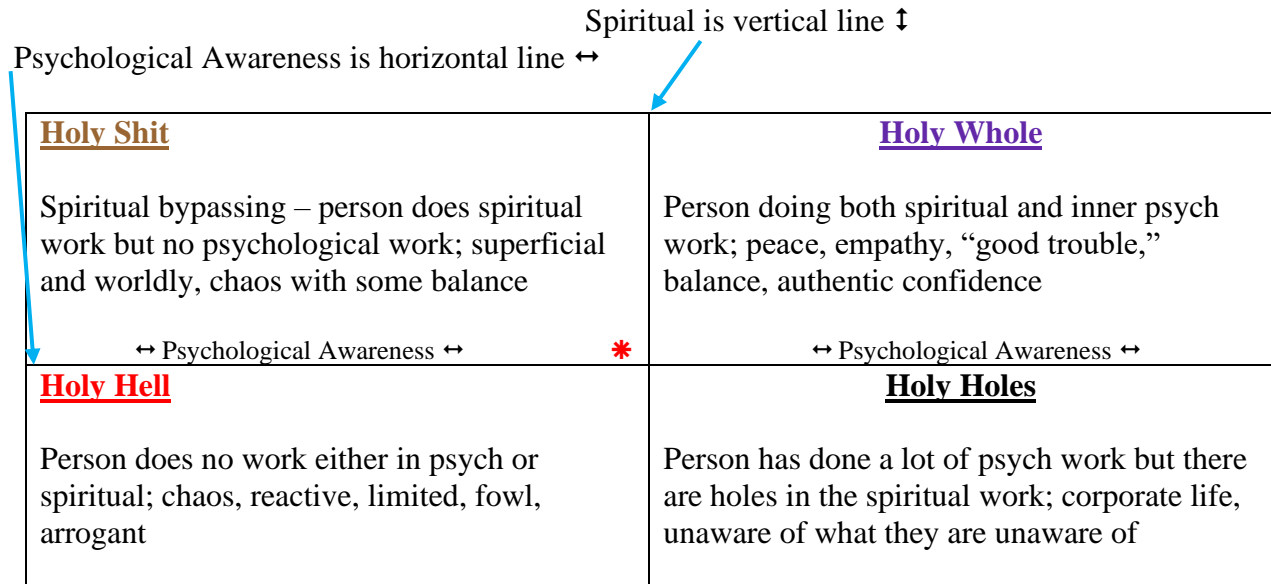


## Awareness versus Consciousness

Ginger Lapid-Bodga

Psychological and spiritual are not separate. They support and interweave.



If you are not open to the spiritual, you won't develop psychologically past the mid line. \*

If people are doing good psychological work, the spiritual will open up automatically.

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1:26:15 What do we each need to do so we are not susceptible to “teachers” who are not really in “Holy Whole,” even though they think they are, and they want others to think they are? We each need to do our own work and not get ahead of ourselves; think critically; hold the people we respect in reality, that all people need to be in learning; can we learn from people who are not Holy Whole, and from people who are pretending to be HW? Pretenders give off a charisma or magnetism, that my power is being taken from me or I give up my power to the pretender. I may feel better but not as empowered afterwards. We have to identify our own projections and our shadows. Take responsibility for my own truth. Trust my own truth.

Chloe Keric-Eli –

**How does the pretender and the group communicate with each other?** Using the word “us” against other people. Needing to defend the pretender against others. The pretender has favorites in the class or group, which is a way to assert authority in the group because non-favs will be provoked into trying to become a favorite. Pretenders will say “Since I’ve done the work, I can teach you better, show you the way.” As a student I need to be conscious of when I’m about to give away my power to someone else. I am the authority – the author – of my life.

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