

## QUOTES INVOLVING HUMILITY

“Humility is not thinking less of yourself, but thinking of yourself less.” ~ CS Lewis

Humility is often misunderstood as self-deprecation, modesty or even a lack of arrogance. But self-deprecation, or having a low estimate of oneself, is not humility. Neither is modesty or its cousin, false modesty, the same as humility. A person can be modest – in other words, not be self-aggrandizing – without being truly humble. Neither is a non-arrogant person necessarily a humble person, although an arrogant person is never a humble one.

Humility is more the outward expression of a realistic sense of an inner self combined with a liberation from a focus or concentration on self. Here are some quotes on humility worth reflecting on.

ONES	“If I only had a little more humility, I’d be perfect.” ~ Ted Turner*
TWOS	“Pride makes us artificial and humility makes us real.” ~ Thomas Merton
THREES	“If you are humble, nothing will touch you, neither praise nor disgrace, because you know who you are.” ~ Mother Teresa
FOURS	“There is something in humility that strangely exalts the heart.” ~ Saint Augustine
FIVES	“Just knowing you don’t have the answers is a recipe for humility, openness and acceptance....” ~ Dick Van Dyke
SIXES	“Stay true in the dark, and humble in the spotlight.” ~ Harold B. Lee
SEVENS	“Do you wish to rise? Begin with descending. You plan a tower that will pierce the clouds? Lay first the foundation of humility.” ~ Saint Augustine
EIGHTS	“To lead the people, walk behind them.” ~ Lao Tzu
NINES	“Be like the bamboo, the higher you grow, the deeper you bow.” ~ Chinese proverb

\*The Type is **not** necessarily the speaker’s Type; rather the quote involves the mindset of the Type.

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