

Instinct Stacking FB Luckovich. doc

Orpheus Luckovich FB Jan 2020

the instincts develop in early life, and i think certain disruptions or unresolved issues at certain stages when each instincts development takes prominence leads to the stacking.

- separation for sp,
- **rapprochement*** for sx, [an establishment or resumption, reunion of harmonious relations]
- distance for social (coming from mahler's separation-individuation)

the distinction i'm making is that we have instinctual drives, but we become identified with them, though we don't have to be (though it involves incredible inner work and we revert back to our identification). one way of looking at what 'waking up' is is waking up to what we are beyond instinct and the way the body, heart, and mind are tethered to an instinct-based self-concept.

yes, i think the whole stacking represents different flavors of identification. the dominant is a primary identification.

Chani Lindbergh

The purpose of the sexual instinct is to procreate, to desire sexual interactions for the purpose of making babies. So the sexual instinct to me, means literally sexual, but also sensual, attentive, inviting, seductive, intense, energetic, open and uninhibited. I think it includes the desire to get pregnant and the enjoyment of pregnancy's sensuality. I think it also has a non-verbal component to it, like an energy, usually noticeable through eye contact. I am curious if it includes the need to give undivided attention to another person, and to be given that attention. Does it include high spirituality, the need for music, the desire for dance?

*The word **rapprochement** comes from my doc:

Separation-Individuation

<https://www.encyclopedia.com/reference/encyclopedias-almanacs-transcripts-and-maps/separation-individuation>

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