

## 8 LINES OF MOVEMENT

### 8 MOVES TO 2

Positive: become more vulnerable, express their soft side openly, increased concern for others' needs

Negative: become more defensive, overreact emotionally, increased demandingness and control, become dependent

### 8 MOVES TO 5

Positive: become less immediate and impulsive, lust is tamed for objectivity and consideration before action

Negative: withdraw, mute feelings further, become dryly depressed, guilt is turned into self-aggression, fear of betrayal, lose energy

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## COMPARISONS WITH OTHER TYPES

8 vs 1: Both gut types who can express anger, 1's anger is coloured by the superego, 8's has no restraints or rules

8 vs 2: Two's want to be good, 8's want to be bad

8 vs 3: 3's can be aggressive, but not animalistic, they modulate themselves more appropriately, 8's revel in pissing people off

8 vs 4: Both reactive types, both intense and biting, but 8's are the tough exterior with the marshmallow core underneath while 4's are the opposite, 4's use vulnerability as a point of strength and 8's avoid vulnerability to maintain strength/control

8 vs 5: 5's will periodically feel overwhelmed by hidden feelings, 8's are better at squashing them, 5's are out of touch with their bodies and impulses, 8's indulge them

8 vs 6: Both can be reactive and aggressive, both can overdo strength, 6's tend to be interested in self-defence and martial arts, 8's are not identified with strength and don't feel the need to prove it, 6's rebel against authorities, 8's simply express their anger at whims, 8's are much more sure of themselves and 6's tend to second-guess and feel doubt internally, 6's can be anxious and 8's are generally calm and collected

8 vs 7: 7's can be more like "brats," 8's have less of a sense of comedy and trickery, 7's are also less controlling but can be equally aggressive

8 vs 9: 8's express anger and are comfortable with conflict, 9's let anger collect and bubble up into volcanic bursts

<https://www.enneagrammer.com/type-8>

## 9 LINES OF MOVEMENT

### 9 MOVES TO 3

Positive: gain energy and productivity, become more focused, gain confidence, live more for themselves rather than through others

Negative: take on too much, seek validation from others for accomplishments rather than doing things for themselves

### 9 MOVES TO 6

Positive: become more outspoken and direct about their thoughts, become more realistic

Negative: increased anxiety, self-doubting, anxiety, and rigidity; become even more passive and inactive in this paralysis

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## COMPARISONS WITH OTHER TYPES

9 vs 1: 1's have a boundary that is more fluid with 9's, 1's are more aggressive

9 vs 2: 2's are controlling and assertive, 9's are open and receptive

9 vs 3: 3's overestimate themselves or bolster their abilities, 9's forget they exist

9 vs 4: Both withdrawn, both have capacity to be emotional, 4's like to be separate, 9's innately feel like there's no identity boundary between them and others, 4's are constantly cultivating who they are and presenting it to others, 9's feel like who they are can shift to different landscapes that are all "them" depending on who they're with, 4's are reactive and present their darkness, 9's feel some need to be a positive face for others and suffer on the inside, 4's are out of touch with their bodies and 9's are stuck in their bodies, 4's are more prone to hate, 9's are more prone to anger; 9's can get flooded with emotion whereas 4's will actively amplify emotions in a way that is actually less "real" than the honest reaction

9 vs 5: Both have the capacity for introspection and great intellect, 5's are out of touch with their bodies, 9's are over-identified with their body, yet also numb to it, 5's are attracted to sometimes "unseemly" or grotesque topics, 9's can be with 4 or 5 in tritype or with SX, but they still prefer a sense of emotional calm, 5's will explore what makes them uncomfortable, 5's do not lash out latent anger, but experience anxiety, 9's have trouble moving out into the world or "caring" about anything, 5's have trouble allowing the world to take their energy, 5's have a boundary up with people, 9's unconsciously merge with others, 5's are not naturally accommodating, 9's are, 5's like to make things complex, 9's like to make things simple, 5's can enjoy debating and arguing and 9's avoid conflict/anger, 5's are particular about their ideas and not easily convinced, 9's cognition is more adaptive

9 vs 6: 6's think 9's are too lax, 6's require more detailed explanations and have a deep search for understanding and truth, 9's can gloss over discrepancies more easily and don't have the same need for precision, 9's more easily give up and resort to apathy

9 vs 7: Both positive types, 7's can be arrogant, 9's have an internal message telling them to not take up too much space, 7's have a strong libido, 9's more easily accept what they can't have

9 vs 8: 8's express anger and are comfortable with conflict, 9's let anger collect and bubble up into volcanic bursts

<https://www.enneagrammer.com/type-9>

## 1 LINES OF MOVEMENT

### 1 MOVES TO 7

Positive: less critical, more enthusiastic, more optimistic, let go of need to control and gain spontaneity, see the positive rather than what's wrong, loosen up and have fun

Negative: self-destructive and excessive and then return to harsh self-criticism

### 1 MOVES TO 4

Positive: get in touch with deeper feelings

Negative: anger turns inward into depression, lose trust in themselves and feel unlovable, feel hopeless longing for what they can't have

## COMPARISONS WITH OTHER TYPES

1 vs 2: Both superego types, 1's are harder on themselves, 2's will not holdback emotional outbursts

1 vs 3: Both competency types, 1's not good at self-promotion, 3's are comfortable with self-inflation, 1's won't cut corners, 3's will if they have to

1 vs 4: Both frustration types, 1's don't indulge in their inner states as much, 4 views inner states as authentic and need to be displayed, 4's are reactive

1 vs 5: Both competency types, 1's care more about standards for all, 5's are removed from other's needs and don't follow rules

1 vs 6: Both can have anxiety, but 1's in general are more sure of themselves and don't doubt

1 vs 7: Both idealist types, 1's value self-control, 7's don't

1 vs 8: Both gut types who can express anger, 1's anger is coloured by the superego, 8's has no reings or rules

1 vs 9: 1's have a boundary that is more fluid with 9's

<https://www.enneagrammer.com/type-1>

## 2 LINES OF MOVEMENT

### 2 MOVES TO 4

Positive: admit and accept their own painful feelings, explore their inner world and express it artistically, learn to say no, learn to be alone

Negative: compare themselves with others, feel melancholic or self-absorbed, become depressed and withdrawn

### 2 MOVES TO 8

Positive: feel confidence and power, are more honest and straight-forward rather than flattering, care less about what others think of them

Negative: lose sense of kindness and become aggressive, irritable and attack people, become hardened and mistrustful, blame people, become demanding and controlling

## COMPARISONS WITH OTHER TYPES

2 vs 1: Both superego types, 1's are harder on themselves, 2's will not holdback emotional outbursts

2 vs 3: 2's have superego about what they "should" do, 3's are driven by self-success

2 vs 4: 2 is a positive type and 4 is a reactive type, 4's don't want anyone to make their problems seem solvable, 2's are other-oriented and 4's are self-oriented, 4's are elitist and have no desire to appear nice or sweet; 4's would see 2's as daring to have the audacity to assume anyone even like them

2 vs 5: They both are blind to their own emotions at times, 2 is emotionally wet and 5 is dry, 2's love people, 5's are avoidant

2 vs 6: Both superego types, both can be helpful and emotional, 2's are more sure of themselves and 6's more reactive, 2's help because they're sure the other needs it, 6's find protection in others and like being dutiful

2 vs 7: Both positive types, 7's don't generally "help" unless they want to because it threatens their freedom, 2's feel obligated

2 vs 8: 2's want to be good, 8's want to be bad

2 vs 9: 2's are controlling and assertive, 9's are open and receptive

<https://www.enneagrammer.com/new-page>

## LINES OF MOVEMENT

### 3 MOVES TO 6

Positive: become more committed to family/friends, value what's best for the group rather than personal gain, become more in touch with emotions and learn to experience vulnerability

Negative: dependent and fearing rejection, higher anxiety, paralyzed in making decisions out of uncertainty/fear

### 3 MOVES TO 9

Positive: learn to slow down and be at peace, begin to be more open to receiving others and less focused on self-image

Negative: begin to procrastinate and have trouble making decisions out of confusion, apathy, neglect themselves further (ex. working even harder, drugs to keep moving), become passive-aggressive to criticism

## 3 COMPARISONS WITH OTHER TYPES

3 vs 1: Both competency types, 1's not good at self-promotion, 3's are comfortable with self-inflation, 1's won't cut corners, 3's will if they have to

3 vs 2: 3 has superego about what they "should" do, 3's are driven by self-success

3 vs 4: 3 focus on self-development and success, 4's focus on self-expression and emotional truths, 3's present their best, 4's present their fabricated version of brokenness

3 vs 5: Both competency types, 3's better at self-promotion and being extraverted, 5's aren't good at knowing what others want from them

3 vs 6: 3's want to rise to the top, 6's are afraid to remove themselves from their support grid too much

3 vs 7: Both assertive, 3's are goal oriented and organized, 7's are spontaneous and free

3 vs 8: 3's can be aggressive, but not animalistic, they modulate themselves more appropriately, 8's revel in pissing people off

3 vs 9: 3's overestimate themselves or bolster their abilities, 9's forget they exist

<https://www.enneagrammer.com/type-3>

## 4 LINES OF MOVEMENT

### 4 MOVES TO 1

Positive: become disciplined rather than allowing emotions to control their life, learn practicality, get things done, become less

negative as a result of emotional level-headedness, use strong principles to take action

Negative: become overly picky and critical of how no one does anything right, superiority anger, preach at people, self-loathing for not living up to their expectations

#### 4 MOVES TO 2

Positive: become less self-absorbed, focus on other people's needs in a healthy way

Negative: take a more hands-on approach to attracting love by using manipulation and clinginess, give out of desperation and deny their own needs, become dependent on object of need, feign illness to get love

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### COMPARISONS WITH OTHER TYPES

4 vs 1: Both frustration types, 1's don't indulge in their inner states as much, 4 views inner states as authentic and need to be displayed, 4's are reactive

4 vs 2: 2 is a positive type and 4 is a reactive type, 4's don't want anyone to make their problems seem solvable, 2's are other-oriented and 4's are self-oriented, 4's are elitist and have no desire to appear nice or sweet

4 vs 3: 3 focus on self-development and success, 4's focus on self-expression and emotional truths, 3's present their best, 4's present their fabricated version of brokenness

4 vs 5: 4's indulge inner feelings and states searching for an identity, 5's indulge inner thoughts searching for understanding

4 vs 6: 4's are elitist and/or see themselves as separate, 6's are adverse to narcissism and are prone to tribalism (many comparisons of 4 and 6 written above)

4 vs 7: Both frustration types, 4's focus on the negatives, 7's on the positives, 4's complain about how they'll never have what they need, 7's blindly believe they'll get what they need

4 vs 8: Both reactive types, both intense and biting, but 8's are the tough exterior with the marshmallow core underneath while 4's are the opposite, 4's use vulnerability as a point of strength and 8's avoid vulnerability to maintain strength/control

4 vs 9: Both withdrawn, both have capacity to be emotional or angry, 4's like to be separate, 9's innately feel like there's no identity boundary between them and others, 4's are constantly cultivating who they are and presenting it to others, 9's feel like who they are can shift to different landscapes that are all "them" depending on who they're with, 4's are reactive and present their darkness, 9's feel some need to be a positive face for others and suffer on the inside, 4's are out of touch with their bodies and 9's are stuck in their bodies; 4's are more prone to hate, 9's are more prone to anger, anger is less specifically targeted than hate, rather a reaction to send the message "I exist" where as 4 hatred sends the message "I'm not worthless"

<https://www.enneagrammer.com/type-4>

### 5 LINES OF MOVEMENT

#### 5 MOVES TO 8

Positive: get in touch with body and out of their heads, trust their instinct, become spontaneous and assertive, use anger to motivate them rather than shying away from it

Negative: continue to ignore other people's feelings and desires, but do it blatantly and punitively

#### 5 MOVES TO 7

Positive: lose inhibitions, become more fun and free, experience life more

Negative: become disorganized and distractible, take on too many things at once

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### COMPARISONS WITH OTHER TYPES

5 vs 1: Both competency types, 1's care more about standards for all, 5's are removed from other's needs and don't follow rules, both rational but with 1's it's more about morality and self-control, 5's find it hard to extravert

5 vs 2: They both are blind to their own emotions at times, 2 is emotionally wet and 5 is dry, 2's love people, 5's avoid them

5 vs 3: Both competency types, 3's better at self-promotion and being extraverted, 5's aren't good at knowing what others want from them

5 vs 4: 4's indulge inner feelings and states searching for an identity, 5's indulge inner thoughts searching for understanding

5 vs 6: 5's are comfortable being completely separate from others, they have differing views, 6's wrestle with counter-phobia and fear when they withdraw or go up against others, 5's love knowledge for the sake of it, 6's are searching for truths, 5's aren't great with people and 6's usually have a natural friendliness, 5's can be intellectually elitist, 6's generally avoid elitism, 5's are not reactive, 6's are especially sensitive to power structures and injustices

5 vs 7: 5's don't want to world to suck their energy, 7's have boundless energy to taste life

5 vs 8: 5's will periodically feel overwhelmed by hidden feelings, 8's are better at squashing them, 5's are out of touch with their bodies and impulses, 8's indulge them

5 vs 9: Both have the capacity for introspection and great intellect, 5's are out of touch with their bodies, 9's are over-identified with their body, yet also numb to it, 5's are attracted to sometimes "unseemly" or grotesque topics, 9's can be with 4 or 5 in tritype or with SX, but they still prefer a sense of emotional calm, 5's will explore what makes them uncomfortable, 5's do not lash out latent anger, but experience anxiety, 9's have trouble moving out into the world or "caring" about anything, 5's have trouble allowing the world to take their energy, 5's have a boundary up with people, 9's unconsciously merge with others, 5's are not naturally accommodating, 9's are.

<https://www.enneagrammer.com/type-5>

### 6 LINES OF MOVEMENT

#### 6 MOVES TO 9

Positive: become more relaxed and less anxious, open up to others' points of view when they are projecting threats

Negative: begin to numb themselves out to dull the obsessing or anxiety (ex. TV, food, drugs)

## 6 MOVES TO 3

Positive: become less indecisive and act to accomplish goals, do not shy away from success due to fear of being targeted

Negative: use business to avoid anxiety, avoid attempting to accomplish things due to fear of failure, use an image or role to feel more secure, lie about themselves to cover up

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## COMPARISONS TO OTHER TYPES

6 vs 1: At the core, 1's are more principled, 6's can be equally moral, but more flexible in their convictions, they will do what needs to be done, break a rule if it's necessary to help them or their loved ones, 1's sense of right and wrong is more etched in stone, 1's can lash out in anger, 6's are reactive and their anger has underlying anxiety rather than certainty, 1's pat themselves on the back when they repress themselves, 1's are less connected to people in their lofty ideals, 6's are human at the core

6 vs 2: Both superego types, both can be helpful and emotional, 2's are more sure of themselves and 6's more reactive, 2's help because they're sure the other needs it, 6's find protection in others and like being dutiful, both can be self-righteous, 2's are parental and 6's are team players, 6's can sometimes be anti-social, 2's are not

6 vs 3: 3's want to rise to the top, 6's are afraid to remove themselves from their support grid too much, 3's motor forward while 6's over-plan

6 vs 4: 4's are elitist and/or see themselves as separate, 6's are adverse to narcissism and are prone to tribalism, 4's are constantly searching for who they are, picking up every inch of themselves and crafting it into an identity, 6's sometimes feel like they can shift into many things, their identity is multi-faceted and to them "it depends" on who/what/where/when/etc., they can both be emotional and creative and want to be unique, but when the chips are down, 4 is going to disrupt their connections to others and 6 will be as different as they can be without completely severing all connections, they can both be complainers and do a lot of "poor me," but with 4's it's "there's something wrong with me" and with 6's it's "there's something up with them"

6 vs 5: 5's are comfortable being completely separate from others, they have differing views, 6's wrestle with counterphobia and fear when they withdraw or go up against others, 5's love knowledge for the sake of it, 6's are searching for truths, 5's aren't great with people and 6's usually have a natural friendliness, 5's can be intellectually elitist and arrogance, 6's generally avoid elitism, 5's are not reactive, 6's are especially sensitive to power structures and injustices, 5's tend to romanticize isolation and introversion whereas 6's have more of a superego about removing themselves even when introverted, 6's search for knowledge is usually more based around finding out secrets or having some kind of practical knowledge, 5's are more impractical

6 vs 7: Both can be fun and friendly, 6's are not naturally optimistic like 7's, 6's can be more self-conscious or insecure, more self-doubting, 6's are more identified with being responsible

6 vs 8: Both can be reactive and aggressive, both can overdo strength, 6's tend to be interested in self-defence and martial arts, 8's are not identified with strength and don't feel the need to prove it, 6's rebel against authorities, 8's simply express their anger at whims, 8's are much more sure of themselves and 6's tend to

second-guess and feel doubt internally, 6's can be anxious and 8's are generally calm and collected

6 vs 9: 6's think 9's are too lax, 6's require more detailed explanations and have a deep search for understanding and truth, 9's can gloss over discrepancies more easily and don't have the same need for precision

<https://www.enneagrammer.com/type-6>

## 7 LINES OF MOVEMENT

### 7 MOVES TO 5

Positive: become more introspective, less fantastical and more objective, learn to be more disciplined about each subject they explore with more depth, learn to accept the negative aspects as well as positive of any situation, present as someone to be taken more seriously, get in touch with fears

Negative: become self-absorbed and evade responsibilities further, become aggressive with their theories and ideas

### 7 MOVES TO 1

Positive: learn to follow through with their plans, discipline

Negative: become cynical, irritable, hypercritical of people, nitpicky, stop being able to laugh at themselves due to self-judgement, become less open to ambiguity and insist they have the black-and-white truth, blame other people for their inability to have fun and being confined, obsess over specific things whether they are feasible or not

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## COMPARISONS WITH OTHER TYPES

7 vs 1: Both idealist types, 1's value self-control, 7's don't

7 vs 2: Both positive types, 7's don't generally "help" unless they want to because it threatens their freedom, 2's feel obligated

7 vs 3: Both assertive, 3's are goal oriented and organized, 7's are spontaneous and free

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7 vs 9: Both positive types, 7's can be arrogant, 9's have an internal message telling them to not take up too much space, 7's have a strong libido, 9's more easily accept what they can't have

<https://www.enneagrammer.com/type-7>

<https://www.enneagrammer.com/the-nine-types>

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