

## VIA Classification of Character Strengths and Virtues

### Virtue of Wisdom



**Creativity**  
Original, adaptive, ingenuity, seeing and doing things in different ways



**Curiosity**  
Interest, novelty-seeking, exploration, openness to experience



**Judgment**  
Critical thinking, thinking through all sides, not jumping to conclusions



**Love of Learning**  
Mastering new skills & topics, systematically adding to knowledge



**Perspective**  
Wisdom, providing wise counsel, taking the big picture view

### Virtue of Courage



**Bravery**  
Valor, not shrinking from threat or challenge, facing fears, speaking up for what's right



**Perseverance**  
Persistence, industry, finishing what one starts, overcoming obstacles



**Honesty**  
Authenticity, being true to oneself, sincerity without pretense, integrity



**Zest**  
Vitality, enthusiasm for life, vigor, energy, not doing things half-heartedly

### Virtue of Humanity



**Love**  
Both loving and being loved, valuing close relations with others, genuine warmth



**Kindness**  
Generosity, nurturance, care, compassion, altruism, doing for others



**Social Intelligence**  
Aware of the motives and feelings of oneself and others, knows what makes others tick



**Teamwork**  
Citizenship, social responsibility, loyalty, contributing to a group effort



**Fairness**  
Adhering to principles of justice, not allowing feelings to bias decisions about others



**Leadership**  
Organizing group activities to get things done, positively influencing others

### Virtue of Justice

### Virtue of Temperance



**Forgiveness**  
Mercy, accepting others' shortcomings, giving people a second chance, letting go of hurt



**Humility**  
Modesty, letting one's accomplishments speak for themselves



**Prudence**  
Careful about one's choices, cautious, not taking undue risks



**Self-Regulation**  
Self-control, disciplined, managing impulses, emotions, and vices

### Virtue of Transcendence



**Appreciation of Beauty & Excellence**  
Awe and wonder for beauty, admiration for skill and moral greatness



**Gratitude**  
Thankful for the good, expressing thanks, feeling blessed



**Hope**  
Optimism, positive future-mindedness, expecting the best & working to achieve it



**Humor**  
Playfulness, bringing smiles to others, lighthearted – seeing the lighter side



**Spirituality**  
Connecting with the sacred, purpose, meaning, faith, religiousness