## OPPOSITES & BALANCES IN WINGS

8	Wing 9 Ally	energized by peaceable kingdom, empathy, humility and considering alternatives
	Wing 7 Shadow	grounded by taking themselves lightly and being flexible
	Balance	When 8s balance between 7's idealism about the way things should be with 9's acceptance of the
		way things are, they act with natural power, allied with 'The Force' without guile.
	Opposites	broader, utopian vision and inertia
9	Wing 1 Ally	inner must conform to outer societal rules; energized by order, clear priorities; clear right and
		wrong
	Wing 8 Shadow	outer society must conform to inner rules; grounded by direct exercise of power, by feeling and
		expressing, by willingness to engage
	Balance	9s evolve when they claim 8's powerful will and utilize 1's strong, value-based preferences.
	Opposites	"bad" and "good"
1	Wing 2 Ally	transformed by feeling the feelings of others and for others, compassion instead of rules, helping
		others
	Wing 9 Shadow	grounded by going with the flow, empathy, and respecting processes
	Balance	When 1s balance 9's <i>letting it be</i> with 2's <i>serving others</i> , they can respond to the needs of the
		particular situation.
	Opposites	going to sleep and pride
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2	Wing 3 Ally	transformed by staying on task and being respected for efficiency
	Wing 1 Shadow	grounded by adhering to rules and procedures
	Balance	2s evolve when they value their own 4 feelings enough to act (3) on them directly.
	Opposites	high morals (being good) and duplicity (looking good)
3	Wing 4 Ally	transformed by connecting with heart's desire and true calling
	Wing 2 Shadow	grounded by being in service and sensitivity to others' feelings
	Balance	When 3s balance 2's feelings of others and their own 4 feelings, they can be honest with themselves
		and others.
	Opposites	two emotive styles of helplessness and depression
4	Wing 5 Ally	transformed by an objective vantage point
	Wing 3 Shadow	grounded by doing ordinary stuff and attending to mundane details
	Balance	When 4s balance 3's material achievement with 5's objective achievement, they feel a sense of
		emotional equanimity.
	Opposites	nothingness of 3 (hopelessness) and the dryness of 5 (isolated despair)
5	Wing 6 Ally	energized by being a 'part of' and solidarity; willing to take and act on public positions
J	Wing 4 Shadow	grounded by claiming rejected emotions, sensitivity and passion
	Balance	When 5s balance their 4 feelings with their 6 sense of intellectual engagement, they can observe
	Daranec	with true detachment.
	Opposites	longing for authentic connection <i>and</i> fear, self-doubt, insecurity
	оррожие	Tonging for addition to the total, our dodos, insecurity
6	Wing 7 Ally	transformed by positive potential, possibilities and fun
	Wing 5 Shadow	grounded by being a detached observer and getting all the info
	Balance	6s are grounded by 7's possibilities and options and 5's gathering of needed information.
	Opposites	"not enough" and "plenty" – the uneasy intersection between moving away from and moving
	11	toward
7	Wing 8 Ally	transformed by committed exercise of power
	Wing 6 Shadow	grounded by fidelity and dealing honestly with fears
	Balance	7s evolve when they treasure their ideas enough to act of them (8) instead of thinking there's always
		more and running from their 6 fears.
	Opposites	the fearfulness of 6 (I am smaller) and the intrusiveness and over confidence of 8 (I am bigger)