

## PARENTING STYLES & TEMPERAMENTS

Type	Styles in Parenting Literature	Thomas & Chess Infant Temperament Scales	Enneagram Patterns of Attention
1	Self-regulating	Rhythmicity/regularity: predictability of any function over time.	<b>Perfectionists</b> attend to correcting error, making life regular and predictable.
2	Socially contactful	Approach/withdrawal: positive responses to new stimuli (for T&C, withdrawal or negative responses represented the other end of the spectrum).	<b>Givers</b> reach out to fulfill needs, responding by approaching others in positive ways.
3	Active	Activity level: the motor activity component in a child's behavior as in reach, crawling and walking.	<b>Performers</b> focus on task or goals with high activity and go-ahead energy.
4	Sensitivity to social environment	Labile quality of mood: the amount of emotional behavior whether positive or negative.	<b>Romantics</b> long for heartfelt connection with intense feeling and fluctuating moods.
5	Held back socially	Low threshold of responsiveness: the intensity level of stimulation necessary to evoke a discernible response (in other words, the sensitivity level).	<b>Observers</b> being highly sensitive to stimuli, detach to observe.
6	Fearful	Attention span/persistence: sticking with attending, even in the face of obstacles (roughly, vigilance).	<b>Loyal Skeptics</b> are alert and vigilant to potential harm or danger, vigilance requiring persistence in attending over time.
7	Playful	Distractibility: responsiveness to extraneous environmental stimuli altering the direction of ongoing behavior.	<b>Epicures</b> attend to multiple, positive options and possibilities showing adaptability or ease in shifting to desired directions.
8	Difficult, demanding	Intensity of response: the energy level of response irrespective of its quality or direction.	<b>Protectors</b> attend to power and control and come from a high instinctual energy or intensity.
9	Compliant, easy	Adaptability: the ease with which responses are modified in desired directions.	<b>Mediators'</b> attention is pulled by many environmental claims such as opinions of others, showing an ease of distractibility by environmental stimuli.