

**Primary Needs, Mirrors of Self-Reflection & Temptations,
Fixations, Passions, Higher Ideas, & Sacred Virtues**

Type	Primary Needs	Mirrors of Self-Reflection and Temptations	Fixations → (lower hyperactive mental/head numbs our emotions/heart; ego's view of reality and incomprehension of its Holy Idea; how the mind copes with the True Self's loss of presence and Source.)	← Holy Ideas (higher clear mental/head; manifests as a result of our inner work)	Passions → (lower reactive emotion/heart; ego's suffering from not living in its Virtue; how the heart aches and longs to reconnect with the Virtue of the True Self and Being/God.)	← Sacred Virtues (higher objective emotion/heart; manifests as a result of our inner work)
8	The need to be against.	Strives passionately and intensely for unfettered autonomy, thinking they are completely self-sufficient	Objectification, vengeance/avenge (setting things [objects] right)	Truth (unitive-ness of reality, nonduality)	Lust, excessiveness, effort	Innocence (no preconceived ideas)
9	The need to avoid.	Strives for harmonious peacefulness as congruent repose, avoiding conflicts & self-assertion	Ruminating, indolence	Love (benevolence of reality)	Resignation, sloth, disengagement	Action
1	The need to be perfect.	Strives for principled excellence as moral duty	Opining	Perfection	Resentment	Serenity (grounded, balance in order to respond)
2	The need to be needed.	Strives for lavish love toward others through self-sacrifice, denying own needs	Relational thinking, flattery	Will (reality flows with a certain force) & Freedom (when Self moves with Reality)	Pride, arrogance	Humility
3	The need to be successful.	Strives for appreciative recognition through curated successes	Self-deception	Law/Harmony/ Hope (all experiences are part of the greater Reality)	Vainglory	Authenticity, truthfulness
4	The need to be special or unique.	Strives for the discovery of identity for faithful authenticity, overusing their imagination in search of self	Fantasizing, melancholy	Origin (inseparability from Source)	Envy (longing, disappointment)	Equanimity, spacious heart that allows all
5	The need to perceive or understand.	Strives for decisive clarity through thoughtful conclusions, replacing direct experiences with concepts	Retention, stinginess	Omniscience (Universal Mind, multiplicity within unity) & Transparency (Self as part of the totality of Reality)	Avarice, extreme greed	Non-attachment
6	The need to be sure or secure.	Strives for steady constancy through confident loyalty, seeking reassurance	Over-thinking, cowardice	Faith (Being is the inner Reality and truth of all humans)	Angst, fear	Courage
7	The need to avoid pain.	Strives for imaginative freedom for inspirational independence, thinking that fulfillment is somewhere else	Anticipating, planning	Plan/Wisdom/Work (divine unfoldment of totality)	Gluttony (for excitement; never reaches completion)	Sobriety (fed by the richness of the moment)