

8's wound: mistreatment, neglect; **DfM** denial; **OR** rejection. **DvT** mastery. **SP** leading. Aliveness devolves into toughness, domination, bossy-ness. **DI** is contributing; life force.

Path of innocence; second chances, begin again. Action, commitment.

TF: reunification and embodiment of all experiences. **Essence:** aliveness.

MDec: body scan for provoking emotions.

9's wound: conflict, rejection, emotional desertion; **DfM** narcotization; **OR** attached. **DvT** cooperate; **SP** being present. Getting landed devolves into zoning out into own little world. **DI** is welcoming all; presence.

Fullness of being human in all the Centers and in our soul; show up. Receive, flow, balance.

TF: Merging experiences into larger world; birth of something new. **Essence:** receptivity.

MDec: yoga or meditation to get centered.

1's wound: humiliation, criticism; **DfM** reaction formation; **OR** frustration. **DvT** separate; **SP** perfecting. Integrity and alignment devolve into rigidity, tightness. **DI** is path finding; wisdom.

Path of change and transformation; how do I experience my sacredness? Discipline, structure, tradition.

TF: Idealizing, defining and reforming the new. **Essence:** structure.

MDec: grounding practice.

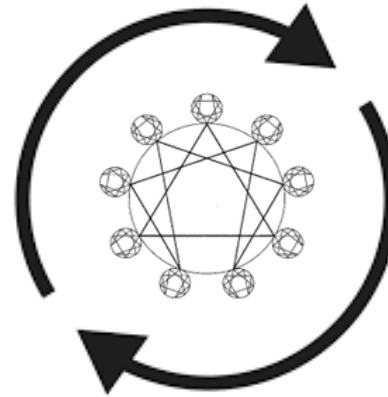
7's wound: forced happiness, limitations; **DfM** rationalization; **OR** frustration. **DvT** discover; **SP** linking. Curiosity and joyfilled exploration devolve into restlessness and dissatisfaction. **DI** is illuminating; splendor.

Fullness of heaven on earth; what is my journey? Possibilities and choosing, synthesis.

TF: Expanding horizons and internalizing experiences. **Essence:** Navigation and choosing.

MDec: pros and cons list.

Processing Enneagram Types



DfM: defense mechanisms
OR: object relations
DvT: developmental tasks
SP: super powers
DI: divine images
TF: transformations
MDec: making decisions

2's wound: rejection, abandonment, neglect; **DfM** repression; **OR** rejection. **DvT** relate. **SP** nurturing. Tenderness and responsiveness devolve into co-dependence and manipulation. **DI** is partnering; understanding.

Path of recovery; I can always receive more. Collaboration, reciprocity.

TF: Humanizing ideals and populating the world. **Essence:** collaboration.

MDec: reflecting on past experiences.

6's wound: conflicting orders, threats; **DfM** projection; **OR** attached. **DvT** differentiate; **SP** serving. Attentiveness and inner guidance devolve into madly trying to figure everything out. **DI** is stabilizing; steadfastness.

Path of inner darkness; when the student is ready, the teacher will appear. Warriorship, courage to keep going.

TF: Stabilizing and defending order. **Essence:** courage.

MDec: analyze.

3's wound: rejection, scorn, contempt, disregard; **DfM** identification; **OR** attached. **DvT** promote. **SP** aspiring. Purpose and meaning devolve into doing stuff making me feel valuable. **DI** is motivating; greatness.

Path with heart; let my heart speak to me. Skills, motivation.

TF: Creating images and impressions. **Essence:** engagement and purpose.

MDec: verbally processing.

5's wound: limitation, intrusion; **DfM** isolation; **OR** rejection. **DvT** investigate; **SP** teaching. Truth and discovery devolve into memorizing and retaining data. **DI** is exploring; discernment.

Path of illumination; what can I learn in this moment from my soul. Discovery, noticing.

TF: Understanding and systematizing knowledge. **Essence:** clarity.

MDec: researching.

4's wound: desperation, abandonment; **DfM** introjection; **OR** frustration. **DvT** individuate. **SP** validating. Mystery and depth devolve into over-introspection and narcissistic uniqueness. **DI** is building; beauty.

Palace of nowhere; acceptance and intimacy with my Self. Deeper self, authentic self expression.

TF: Soul-making and individuation. **Essence:** deeper truth.

MDec: finding emotional connecting points.