

## ROLES, MANIPULATIONS & SHADOWS

	Self-Image	Role	Manipulation	Shadow issue
1	Feels intense personal obligation to do the right thing. "I am usually right, and the world would be better if people listened to me."	Proves self-image through playing the role of the Moral Teacher.	Manipulates others by correcting them and telling them what they should do.	Anger and resentment come out when their world is not as it should be.
2	Believes that they are without needs and always well-intentioned. "I'm always loving. People can't ever love me as much as I love them."	Proves self-image through playing the role of the Special Friend – wanting to be a close confidant on whom others depend.	Manipulates others by making others dependent on them.	Pride comes from thinking of themselves as only well-intentioned and from reminding others of how caring they are.
3	Competes for status and attention. "I'm outstanding and superior. Others are simply jealous of me."	Proves self-image through playing the role of the Winner.	Manipulates others by adapting their image to meet others' expectations and to appear to excel at things valued by others.	Deceit arises when they exaggerate the truth in order to make themselves appear better than they are.
4	Withdraw into imagination to intensify feelings. "I'm different than others and really don't fit in."	Proves self-image through playing the role of the Special Person.	Manipulates others by being temperamental and hyper-sensitive, forcing others to treat them with sensitivity and respect.	Envy arises when they observe the happiness and success of others.
5	Relates to others primarily through expertise and originality. "I'm smart. No one understands or appreciates what I know."	Proves self-image through their role of the Expert.	Manipulates others by staying preoccupied with their projects and detached from others.	Avarice and greed arises when they minimize their needs and hoard their resources.
6	Becomes dependent on the external for guidance. "I'm dependence and do what's expected of me. Others don't."	Proves self-image through the role of the Loyal, Responsible Implementer.	Manipulates others by testing their loyalty and trust to them.	Fear arises when they believe that they may be losing their support systems.
7	Feels that something better is available somewhere else. "I'd be happier if I got everything I wanted."	Proves self-image through their role of the Energizer & Fun Master.	Manipulates others by distracting them and demanding that others meet their needs.	Gluttony arises when they are greedy for more and more things and experiences without ever being truly satisfied in the present.
8	Thinks that they are completely self-sufficient. "I'm fighting for survival. Others would take advantage of me if I let them."	Proves self-image through their role of the Leader & Protector who takes charge.	Manipulates others by dominating others and insisting they obey.	Lust arises when they want to possess and control and want more intensity in their experiences.
9	Withdraws into imagination to intensify sense of harmony. "I'm content with things as they are. Others keep pressuring me to change."	Proves self-image through their role of Nobody Special – modestly camouflaged in the background so as not to inconvenience anyone.	Manipulates others by "tuning out" others' pressure to change them.	Sloth arises when they resist change and don't develop their individuality.