

	<b>Values &amp; Visions</b>	<b>Ideals</b>	<b>Compulsive Idealizations* and Conditional Worth</b>	<b>Projective Maneuvers</b>	<b>Sore Spots</b>	<b>Objective Principles – Delusions</b>	<b>Resourceful &amp; Non-resourceful</b>
1	You value goodness. You envision making the world a better place to live in. You want to realize all of your potentials and help others actualize theirs. You strive for excellence.	I am, therefore I am good. Being good and goodness flow from being.	Perfectionist: I am somebody and worthwhile, if I am good and perfect; and therefore you can't criticize me.	1s want to clean us up and get us back on the road to perfection.	Feeling criticized or blamed	Living according to your own idealizations is not more perfect	Either focuses and takes action, <i>or</i> is critical of self and others. Either becomes altruistic, <i>or</i> is critical and irritable.
2	You value love. You envision making the world a more loving place to live in. You want to nurture others and foster relationships. You know what others need before they do.	I am, therefore I love. Being is love and love flows from being.	Co-dependent: I am somebody and am appreciated, if I am helpful and needed; therefore you can't reject me.	2s want to detect and empathize with our needs and minister to us, making themselves indispensable.	Feeling useless or unneeded	Living according to your own exemptions from the law of interdependence and limits of reality is neither more freeing nor more loving	Either compassionate, <i>or</i> is dependent. Either focuses selfishly outward, <i>or</i> becomes a martyr .
3	You value productivity. You envision making the world more organized, efficient and smooth running system. You have a sense of marketing and packaging.	I am, therefore I act. To be is to be active and action flows from being.	Type-A: I am somebody and admirable, if I perform and am successful; therefore you will admire me and can't overlook me.	3s want to be efficiency experts in order to get it all done.	Feeling rejected or like a failure	Living according to your own utilitarian principles is not more efficient.	Either effectively acts, <i>or</i> confuses busyness with production. Either actually get things done, <i>or</i> gets busy and concerned with image.
4	You value originality. You envision putting your personal touch on everything and making the world a more beautiful place. You are attuned to pain and suffering.	I am, therefore I am unique and grounded in the source of my being. Authenticity and beauty are aspects of being.	Sensitive: I am somebody and worthy of consideration, if I am special and sensitive; therefore you won't abandon me.	4s want to restore class, sensibility and refinement to the masses.	Feeling abandoned, unnoticed or undesirable	Living according to your own elite standards does not make you more authentic nor give you your true identity.	Either can see own and others' uniqueness, <i>or</i> feels victimized and left out. Either experiences authentic emotions, <i>or</i> is depressed over faults.
5	You value wisdom. You envision discovering understanding the world and making it more enlightened. You intuitively see connections in parts and wholes.	I am, therefore I know. Being is true and understanding comes from being.	Schizoid: I am somebody and worth knowing, if I am invisibly perceptive and can understand; therefore you can't humiliate me.	5s either withdraw from the ignorant masses or attempt to discover the truth in order to enlighten everyone.	Feeling ridiculed, deprived, invaded or having expectations of them	Living according to your own idiosyncratic logic and hiding out is neither smart nor self-protective.	Either experiences depth and breathe of life, <i>or</i> withdraws and isolates. Either intellectually expands, <i>or</i> socially implodes.

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6	You value loyalty. You envision making the world more secure and trustworthy place to live. You have a sense about danger.	I am, therefore I am secure. Being cannot go out of existence.	Paranoid: I am somebody and worth including, if I am loyal, do my duty, am watchful and careful; therefore you can't catch me off guard or reject me.	6s want to bring law and order and consistency into the world.	Feeling caught off guard or insecure	Living according to, or contrary to, dogmas and prescribed rules does not remove your fears and insecurities.	Either constant and faithful, <i>or</i> disappears into organization. Either courageously and loyally steps into action, <i>or</i> doubts and avoids conflict.
7	You value enjoyment. You envision making the world a more delightful place to live. You are spontaneous and adept at seeing into the future.	I am, therefore I am delighted. Being is light and to be is to be joyful.	Hedonistic: I am somebody and fun to be with, if I am entertaining and optimistic; therefore you can't depress or limit me.	7s want to make us laugh and see all the options.	Feeling deflated or limited	Living according to your own fantasies, plans and schemes does not make you any happier.	Either can see both positive and negative, <i>or</i> seeks pleasure to avoid pain and criticism. Either sociable and engaging, <i>or</i> heady and avoidant.
8	You value power. You envision using strength to bring about a more just world in order to live fully and freely. You are generous and protective.	I am, therefore I am just and influential. Concentrated presence and potency are qualities of being.	Aggressive: I am somebody and get respect, if I am powerful and in control; therefore you can't intimidate me or take advantage of me.	8s want to toughen us up, give us a dose of reality, and bring us justice.	Feeling powerless, unheard, or taken advantage of	Living according to your own justice does not bring about fairness and equity.	Either connected with body and assertive, <i>or</i> aggressive and vindictive. Either sets appropriate boundaries, <i>or</i> is tough.
9	You value unity. You envision making the world more harmonious and comfortable. You can mediate and merge with others.	I am, therefore I am at one with all else that is. Being is one.	Passive-Aggressive: I am somebody and noteworthy, if I am agreeable, passive and settle for less; therefore there will be no conflict.	9s want to calm us down and lower our level of expectation.	Feeling neglected, uncared for, or having to assert themselves	Living a comfortable, leisurely, and merged life does not lead to union and harmony.	Either relaxes and softens, <i>or</i> procrastinates and settles. Either slows down and smells the roses, <i>or</i> stops and gives up.

When any of the values of any type are present, all values of all types are virtually present, for each contains the others. ... The flexible well-rounded person has the whole spectrum of adaptive attitudes and abilities available. P.37

\*Ideals turn into idealizations; attractions turn into compulsions; energized by our values turn into being tyrannized by our shoulds; excited enjoyment turn into compulsive trying. P.39

If you want to avoid certain parts of yourself, you can repress them into your unconscious basement or into garbage to bury them alive. The nearest available receptacles are usually other people. This is *projection*. After projecting onto others, you either encourage them to deal with their alleged deficiencies or you wage a campaign to clean them up yourself. This is *projective identification*. P.48

*Nine Lenses* by Jerome Wagner