

What the Enneagram IS and IS NOT

SueBrooksMA@gmail.com



What the Enneagram is not –	What the Enneagram is –
The key to fixing yourself; a list of do's and don't's; a script guaranteeing control, security and happiness.	A tool for wondrous self-discovery and exploration.
The key to finding the perfect partner, or the key to needing to fix your partner when it turns out the person is less than perfect.	A tool to help you understand yourself and what it means to be a partner yourself, and possibly to get to know your partner for your partner's sake.
The key to finding the perfect job, or the key to needing to fix your co-workers when it turns out you are working with imperfect people.	A tool to help you understand what strengths and challenges you bring to your job, and possibly to get to know your co-workers for their sake, in order to work better together.
The key to finding perfect friends, or the key to needing to fix them when it turns your friends are less than perfect.	A tool to help you understand yourself and what it means to be a friend yourself, and possibly get to know your friends for their sake.
The key to manifesting the perfect life devoid of any challenges, or the key to needing to fix everything when it turns out life is not perfect.	A tool to help you make choices in your life based on awareness, groundedness, connection and empathy for your fellow humans.
A tool of religion, values, attractions, preferences, goals, should's and shouldn't's, or simplistic memes and soundbites.	A tool to use on yourself in order to become more awake, present and open to Life.
It's not an ending point.	It's a starting point.