

# **Speaking Topics**

Practical tools, big ideas, and strategic insights for career growth and leadership.

In today's professional world, success is rarely a straight line. I help individuals and teams embrace the opportunities in every pivot, advocate for themselves with confidence, and rethink what growth and leadership can look like. My talks are grounded in real-world experience, backed by business strategy, and designed to inspire action. Think career strategy meets creative problem-solving, with a little magic on the side.

Whether you're planning a leadership summit, professional development series, or team workshop, these sessions offer practical takeaways, engaging storytelling, and insights that empower audiences to think bigger and act boldly.

#### What Makes These Talks Different

- **Strategic and Actionable** Every session is designed to leave your audience with tools they can use immediately. No vague concepts—just real strategies for growth, leadership, and self-advocacy.
- **Dynamic and Relatable** Backed by years of experience in leadership development and career coaching, my talks connect with people at all stages of their journey.
- Interactive and Inspiring Expect high energy, audience engagement, and stories that bring concepts to life.

# **Explore My Signature Talks**

From career design to leadership and resilience, these talks are tailored to meet the needs of today's professionals. Whether you want to inspire bold career moves, teach the art of self-advocacy, or help teams navigate change, you'll find the perfect fit here.

# Career Growth & Strategy

Master the art of intentional career growth with strategic insights and a dash of practical magic.

# 1. Design Your Career Like a CEO: Strategic Thinking with a Twist

Your career is the greatest business you'll ever run—let's make sure it's wildly successful.

**Description:** In this session, I'll show you how to treat your career like a business strategy; setting your vision, pivoting with purpose, and spotting opportunities before they appear. No magic wand needed. Just smart planning, a little courage, and a strong game plan.

### \* Key Outcomes:

- o Build a personal strategic roadmap.
- Learn how to pivot and adapt like a pro.
- O Balance big dreams with actionable steps.

### 2. The Constellation Career: Forget the Ladder, Build a Universe

Today's career paths aren't straight lines, they're constellations. Let's connect your stars.

**Description:** We'll bust the myth of the traditional career ladder and focus on building a path that's flexible, fulfilling, and uniquely you. No boring "5-year plans" here... just smart strategies for charting your next move.

### \* Key Outcomes:

- O Discover the power of lateral moves and pivots.
- o Build resilience and confidence in your journey.
- o Create a decision-making framework that keeps you aligned with your goals.

# 3. Bold Moves, Small Steps: How to Create Momentum and Magic

Big dreams? Let's break them down into tiny, brilliant moves that add up to something magical.

**Description:** This session focuses on how to create traction when you feel stuck. With the right mindset and action plan, you'll turn small steps into big wins... no fairy godmother required.

### \* Key Outcomes:

- Build daily habits that move the needle.
- o Learn continuous improvement techniques for personal growth.
- Stay motivated and focused without burning out.

# Self-Advocacy & Influence

Claim your space, own your voice, and learn how to make bold moves with confidence and style.

## 1. Mastering Influence: The Art of Making Things Happen

Self-advocacy isn't a nice-to-have; it's a power skill. Let's sharpen yours.

**Description:** Learn how to advocate for your ideas, negotiate like a boss, and make your voice impossible to ignore. This session blends strategy and storytelling to help you own the room (and your future).

#### \* Key Outcomes:

- Build a self-advocacy strategy that works.
- o Gain tools for influencing and negotiating with confidence.
- Make your contributions impossible to overlook.

# 2. Confidence by Design: Unleash Your Inner Power

Forget "fake it till you make it"; this is about building the real thing.

**Description:** Confidence isn't magic. It's built through practice and strategy. I'll share the secrets to authentic, unshakable confidence, even when you're stepping into new territory.

#### \* Key Outcomes:

- O Develop a repeatable process for growing your confidence.
- Overcome imposter syndrome and self-doubt.
- o Communicate with clarity and authority.

# 3. The Art of the Ask: Negotiation Secrets You Need Now

Ask big, ask often... and get what you want.

**Description:** This session blends negotiation theory with real-world tactics for getting what you need; whether it's a raise, a new role, or a seat at the table.

### \* Key Outcomes:

- o Master negotiation strategies for work and life.
- o Build confidence in high-stakes conversations.
- Learn how to handle objections with grace.

# Work-Life Magic

Forget balance... this is about integration, joy, and staying lit up without burning out.

# 1. Work-Life Integration: Build a Life and Career You Love

Balance is boring. Let's talk about how to blend your priorities and live on your own terms.

**Description:** This session will help you align your work and life in ways that feel right for you. You'll leave with fresh tools for managing energy, focus, and time without sacrificing joy or success.

#### \* Key Outcomes:

- O Build a personalized work-life integration plan.
- o Prioritize what matters most without guilt.
- Learn practical strategies to stay grounded and energized.

### 2. Burnout Be Gone: Strategies for Staying Sparkly and Strong

Burnout is real, but recovery is possible. Let's make sure your light stays bright.

**Description:** We'll dive into the science of burnout and resilience, with tools for managing stress, protecting your energy, and building a life that works for you.

### \* Key Outcomes:

- o Recognize burnout and take action early.
- o Build resilience for the long haul.
- Create habits that restore and recharge you.

# 3. Time Management Magic: Do Less, Achieve More

No spells, just science-backed strategies for working smarter and living better.

**Description:** This session covers advanced time management strategies and energy management techniques, giving you tools to optimize your schedule without sacrificing your sanity.

### \* Key Outcomes:

- o Prioritize like a pro.
- o Reduce decision fatigue and stay focused.
- Create space for what matters most.

# Leadership & Connection

Lead with clarity, build authentic relationships, and create cultures where people thrive.

# 1. Lead with Influence: Connection is Your Superpower

Forget command and control; this is about leading with trust, authenticity, and heart.

**Description:** Learn how to build influence, foster connection, and create an environment where people feel empowered to bring their best selves to work.

### \* Key Outcomes:

- o Build influence without a formal title.
- o Foster collaboration and connection.
- o Create psychological safety in your team.

# 2. Strategic Networking: Build Relationships That Spark Opportunity

Networking isn't about schmoozing, it's about building real, lasting connections.

**Description:** This session shows you how to network with intention, build meaningful relationships, and tap into the power of your connections for career success.

### \* Key Outcomes:

- O Develop a networking plan that works for you.
- o Build authentic relationships that last.
- Learn how to leverage your network for real opportunities.

# 3. Change Leadership: Navigating Transformation with Grace and Grit

Be the calm in the storm and lead others through it, too.

**Description:** This session helps you lead yourself and your team through change with confidence and clarity, blending practical tools with emotional intelligence.

### \* Key Outcomes:

- Build resilience in teams.
- Lead with clarity and purpose.
- Navigate transformation without losing your spark.

# Ready to Create Magic Together?

Contact me at dorathefairygodmentor@gmail.com or visit www.thefairygodmentor.com to discuss how these talks can elevate your next event.