

KNOW YOUR DIVE NUMBERS

Front 1½ Somersaults Pike

103b

The first number is for the dive category:

- 1 = Forward
- 2 = Back
- 3 = Reverse
- 4 = Inward

The second number will almost always be a zero.

The exception is if the rotation is "flying" then the second number will be a one.

The third number is for the number of half-rotations:

- 1 = Half rotation (dive)
- 2 = Full somersault
- 3 = 1½ somersaults
- 4 = 2 somersaults, etc.

The letter at the end is for the position of the dive:

- A = Straight
- B = Pike
- C = Tuck
- D = Free

Back 1 Somersault, 1½ Twists, Free

5223d

Twisting dives have four numbers - the first number is always five.

If it starts with a "5" then is a twisting dive.

On twisting dives the second number is for the dive category:

- 1 = Forward
- 2 = Back
- 3 = Reverse
- 4 = Inward

The third number is for the number of half-rotations:

- 1 = Half rotation (dive)
- 2 = Full somersault
- 3 = 1½ somersaults
- 4 = 2 somersaults, etc.

The fourth number is for the number of half-twists:

- 1 = Half twist
- 2 = Full twist
- 3 = 1½ twists
- 4 = 2 twists, etc.

The letter at the end is for the dive position: (Most twists are free)

- A = Straight
- B = Pike
- C = Tuck
- D = Free

Most competitive meets will only announce the dive numbers.