

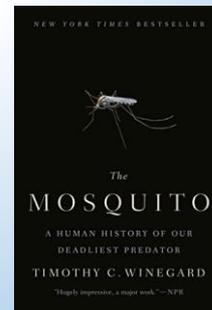
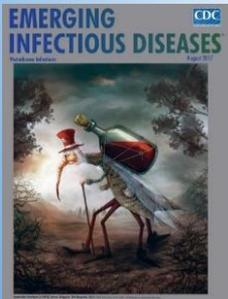
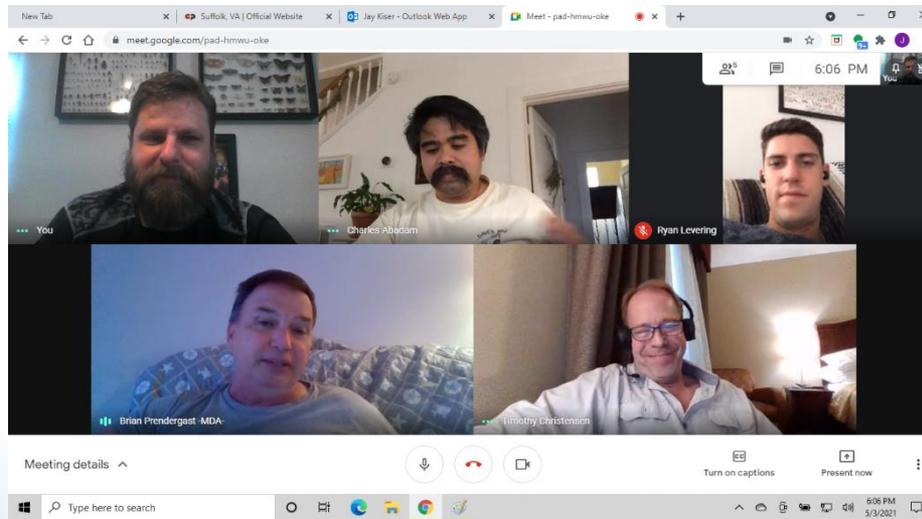
VMCA Social Events

By Jay Kiser

jkiser@suffolkv.us

Virtual Book Club

- Let's read some peer reviewed journal articles!
- Each month:
 - Read two specified articles
 - Group meets once a month using **Google Meets** to discuss the articles



Email Jay Kiser (Jkiser@suffolkva.us) if interested

Virtual Book Club

- Next Meeting February 7, 2022 at 6pm
 - We meet every first Monday of the Month
 - March 7, 2022 at 6pm
 - April 4, 2022 at 6pm
- We take turns choosing the articles
- Below are next meeting's set of articles

Email Jay Kiser (Jkiser@suffolkva.us) if interested

Adventure Club

- Let's go on a Saturday Adventure!
 - Monthly or Every two months
 - Get some exercise, explore nature, and talk about mosquitoes
 - Bring your Family and Friends!

Email Jay Kiser (Jkiser@suffolkva.us) if interested



Adventure Club: Hiking Trip March 20,2022

- Peaks of Otter near Bedford VA
 - Sharp Top Peak hike: 3.6 miles
 - Flat Top hike: 6.2 miles
- Driving distances
 - 4hr from Hampton Roads
 - 3.5hr from NOVA
 - 3hr from Richmond
- Humpback Rocks near Waynesboro VA
 - Humpback Rocks hike: 4.0 miles
 - Dobbie Mt Hike: 6.8 miles
- Driving distances
 - 3hr from Hampton Roads
 - 2.5hr from NOVA
 - 1.5hr from Richmond



Email Jay Kiser (Jkiser@suffolkva.us) if interested

Adventure Club: Summer 2022

Kayak/Canoe Trip

- Merchant's Mill Pond State Park in Gatesville NC
 - Canoe rentals
- Driving distances
 - 1hr from Hampton Roads
 - 4hr from NOVA
 - 2hr from Richmond

- Windsor Castle Park in Smithfield VA
 - Kayak and paddle board rentals
- Driving distances
 - 1hr from Hampton Roads
 - 3.5hr from NOVA
 - 1.5hr from Richmond



Email Jay Kiser (JKiser@suffolkva.us) if interested



Tour de Skeeter



Raising Money for the Student Competition Committee



- Virginia Capital Trail:

- Between Jamestown to Richmond
- 53 miles of paved trail
 - Ride as much or as little as you like
- Food and Drinks at Indian Fields Tavern



June 2019



October 2020





Tour de Skeeter 2022

Raising Money for the Student Competition Committee



- October 15th, 2022 (Tentative)
 - Fall weather, autumn leaves, and lots of fun
- \$35 registration cost



June 2021

