

GREATER DETROIT DENTAL HYGIENISTS' ASSOCIATION



President's Message

Shirley H. Stroupe, RDH

In September, Dr. Lisa Knowles, a Michigan native and graduate of the University of Michigan School of Dentistry, brought the GDDHA attendees a message to “Look for It” regarding caries and dental erosion assessments. Her message was a reminder to evaluate tooth erosion on all patients. She encouraged that we interview our patients to better understand the etiology of their caries, their behaviors for acid erosion, and how to assist the patient with management options. Visit <https://beyond32teeth.com> to learn about Dr. Knowles creation of IntentionalDental consulting and her amazing journey in general dentistry!

Michigan's summer transitioned into an artistic fall filled with brilliant colors surrounding Shanty Creek Resorts in Bellaire, MI, the setting for the Michigan Dental Hygienists' Association's 37th House of Delegates annual meeting (MDHA HOD). The entire weekend was filled with energetic laughter while greeting friends from previous years' meetings and making new friends during the Michigan Dental Hygienists' Political Action Committee event.

Through the diligent work of GDDHA Trustee Michelle Spencer, our component soared to a record-breaking status with eight Delegates and eight Alternates. GDDHA mentored two student Delegates from Oakland Community College and two student Delegates from Wayne County Community College! Overall, the weekend had a very fresh atmosphere with student Delegates, first-time Delegates, and seasoned Delegates all presenting testimony on the House floor.

GDDHA Vice President Dawn Baker chaired Reference Committee A. First-time Delegate and GDDHA Recording Secretary Maggie Pillars served on the MDHA Minutes Review Committee. GDDHA Education Committee Chair Karen Lawson served as a Teller.

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Sandy Sutton, GDDHA AGD-PACE coordinator, was appointed to serve as the MDHA HOD Sergeant at Arms. Thank you to the numerous component members who represented GDDHA in such an impressive fashion.

At the festive Red Run Golf Club setting in Royal Oak, we welcomed vendors from Darrow Dental, GlaxoSmithKlein (GSK), Philips Sonicare, Sunstar Butler Gum, Young Dental, Proctor & Gamble Crest-Oral B and Dentsply as we gathered for our 2018 end of the year CE meeting on Friday November 30th.

Dr. Joel Kahn, a Michigan native and a 1990 graduate of the University of Michigan Medical School, was the first presenter. He is a Holistic Interventional Cardiologist, a Clinical Professor of Medicine at Wayne State University, and author who presented a bounty of information on how to control our heart health with a plant-based diet. As owner of Green Space Restaurant in Ferndale, Dr. Kahn offers to mankind unbelievable flavors created by the blending of plants creating the heart healthiest of foods. Google Dr. Joel Kahn to hear his messages, order his books, read his numerous health and scientific articles. Dr. Kahn is often a commentator on Fox 2 News, The Doctors, and various other media outlets.

Dr. Diane Culik, Director of ABC Wellness, with a focus on Holistic and Integrative Medicine, presented our second CE session. Dr. Culik, a Michigan native is a graduate of the University of Michigan Medical School and author. She shared insight as to the value of organic foods versus GMO Foods, foods exposed to Glyphosate or Roundup and how these chemicals damage our organs through toxicity including Alzheimer's and Autism. Google Dr. Culik as well to learn more of her philosophy and order her books.

Dr.'s Culik and Kahn brought revealing messages which we as registered dental hygienists can use for ourselves, our families as well as sharing the best food choice information with the patients we serve.

The Dental Therapy Bill, HB #541 has been approved by the Michigan Legislature! This new law is headed to Governor Synder's desk for his signature. Thank you, Senator Mike Shirkey, for your leadership in helping to bring the dental therapist to Michigan!

Register ASAP online for your CPR Renewal scheduled for Saturday January 5, 2019 at Farmington Community Library. Visit www.gddha.com to reserve your space. There are enriching CE programs scheduled Wednesday February 27, 2019, [Thursday](#) April 4, 2019 and Wednesday May 15, 2019. Registration can be done online and PayPal can be used to pay for these affordable CE opportunities. Have questions? Contact me or Deb Hurst at berkeleydeb@gmail.com for answers. I look forward to seeing you at these upcoming events.

Children's Dental Health Month (CDHM) Chair,Carolynn Zeitz, is making plans and creating activities in our region to connect with local children during the month of February. Libraries and schools are sites that Carolynn intends to set up event. Contact Carolynn Zeitz, (zeitzca@udmercy.edu) if you can lend a hand or have an idea for the CDHM activities.

The GDDHA [Website](#) is chock full of valuable information regarding component members and CE dates to remember. Make time to read the details, make note of the business meeting dates and plan to attend to learn how the behind the scene operations flow. Any and all Registered Dental Hygienists are welcome!

Professionally yours,

Shirley H. Stroupe, RDH

GDDHA President

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Trustees Report

Sandy Sutton, GDDHA Trustee, Executive Council Trustee

After this year's House of Delegates (HOD) closed, the post-HOD Trustees meeting kicked off with our new president, Becky Domagalski's appointments. First, I accepted the position of MDHA Executive Council Trustee per Becky's request. She also requested a list of all scheduled component CEs be submitted to Stacy Preim for promotion on the MDHA web site. I have already shared this information on behalf of GDDHA.

Several items didn't reach discussion at HOD but were addressed afterward. The first was the omission of potential Life Member Award for East Shore, a member and long-time educator, Maryanne Jacobs. A vote was taken, and she will receive her award. Secondly, there were two items that should have been addressed by the Proposed Resolutions (PR); the archiving and re-writing of the Collect and PR #9 from 2017 (referred). Two committees were formed to review these items which will be discussed at the January Board of Trustees meeting. If you would like to add suggestions regarding the rewording of the Collect, please contact me.

Student and Educators' day came and went in a flash on October 26th at the Lansing Center. Heather Beavers and Erin Howlett worked hard planning and fundraising for this year! There were no tables for components nor committees, only vendors. A Mega/Discussion took place to gauge students' thoughts and understanding, and components received students' contact information.

GDDHA has cause to celebrate as we have 2 ADHA Delegates! Michelle Spencer and Stephanie DeMoss!

HOD 2019 will be in Grand Rapids at the DoubleTree Hotel, October 18-20.

Respectfully submitted,

Sandy Sutton, GDDHA Trustee, Executive Council Trustee

DATES TO REMEMBER

BOT meeting 1/5/19

Early registration opens for ADHA Annual Session 1/16/19

Legislative Blitz 2/13/19

Legislative Lunch 5/1/19

MDA Annual Session at Cobo Hall 5/2-4/19

ADHA Annual Session Louisville, KY June 6/21-23/19 Business meeting 6/23-25/19

Michigan Oral Cancer Walk 8/4/19

HOD GR Doubletree 10/18-20/19

We are seeing history in the making! The US Department of Health and Human Services, the US Department of Treasury, and the US Department of Labor, released a report titled “Reforming America’s Healthcare System Through Choice and Competition”. This 119-page report is directed at both the medical and dental fields.

Dental therapy and dental hygienists are mentioned a few times, most notably, under scope of practice section. Below are important excerpts from this report. These can be beneficial when discussing the dental therapy bill, SB541, with your legislators. The backing of the federal government to encourage states to adopt the dental therapy model into practice, is another tool we can use in our reasoning when discussing SB541 with them.

If you need to find out who your representative is, click here <http://house.michigan.gov/mhrpublic/frmFindaRep.aspx>
Need to read up on what a DT is, does, can do? This has speaking note that you can use, too!
<http://www.midentalaccess.org/>

“Extremely rigid collaborative practice agreements and other burdensome forms of physician and dentist supervision are generally not justified by legitimate health and safety concerns. Thus, many states have granted full practice authority to APRNs, but there is significant room for improvement in other states and for other professions. 111 Emerging healthcare occupations, such as dental therapy, can increase access and drive down costs for consumers, while still ensuring safe care. States should be particularly wary of undue statutory and regulatory impediments to the development of such new occupations.”

Recommendations: Broaden Scope of Practice

- States should consider changes to their scope-of-practice statutes to allow all healthcare providers to practice to the top of their license, utilizing their full skill set.
- The federal government and states should consider accompanying legislative and administrative proposals to allow non-physician and non-dentist providers to be paid directly for their services where evidence supports that the provider can safely and effectively provide that care.
- States should consider eliminating requirements for rigid collaborative practice and supervision agreements between physicians and dentists and their care extenders (e.g., physician assistants, hygienists) that are not justified by legitimate health and safety concerns.
- States should evaluate emerging healthcare occupations, such as dental therapy, and consider ways in which their licensure and scope of practice can increase access and drive down consumer costs while still ensuring safe, effective care.

“...For example, advanced practice registered nurses (APRNs), 96 physician assistants (PAs), 97 pharmacists, 98 optometrists, 99 and other highly trained professionals can safely and effectively provide some of the same healthcare services as physicians, in addition to providing complementary services. Similarly, dental therapists and dental hygienists can safely and effectively provide some services offered by dentists, as well as complementary services.

For the full report titled “Reforming America’s Healthcare System Through Choice and Competition”. Click on the link [here!](#)



LATEST NEWS

House Passes SB 541!

The House passed SB 541 to license dental therapists in Michigan, 68-41. The bill now moves to the Senate for concurrence and then to Governor Snyder for his signature. **Thank you** to everyone who helped reach out to legislators to support dental therapy in Michigan!

HOD Report

Angela Rouhib, RDH, MS, GDDHA Historian

The Michigan Dental Hygienists' Association (MDHA) 37th annual House of Delegates meeting in Shanty Creek was an empowering weekend for registered dental hygienists across the State of Michigan. Elected delegates from local components in Michigan united to set policy and direction for the profession.

The exciting weekend of Friday October 5th, kicked off with a continuing education class presented by Dr. Sanjay Chand, M.D. "Infection Control Guiding for the Dental Patient and Pain Management in the Dental Patient." Dr. Chand brought a medical perspective to the practice of dentistry by linking oral manifestations to systemic disease. A highlight on Friday night was a mead and wine tasting tour through Downtown Bellaire to Bee Well Meadery to raise money for the Michigan Dental Hygienists' Political Action Committee (PAC). The PAC funds raised are used to represent the interests of Michigan registered dental hygienists at the legislative level in order to advance and protect the profession.

Saturday October 6th, the House session began with Representative Tristen Cole who spoke about House Bill 541. He urged all members who are interested in this bill to contact and educate their local representatives. President Janet Miller spoke about her year as MDHA president; the goals achieved during her term and thanked everyone for making it a successful year. The Standing Rules, Agenda, and the 2017 amended minutes were adopted and the Annual Reports were accepted. Saturday evening concluded with the Motown themed Detroit Diva President's Dinner, honoring our very own GDDHA member Janet Miller. House personnel came dressed to impress to this networking opportunity, enjoying dinner, drinks, a DJ, and lots of dancing.

The Second Session commenced on Sunday, October 7th. Voting took place for the proposed resolutions and new officers were elected. Inducted as our new 2019 MDHA President is Becky Domagalski. Some of our very own GDDHA members voted in at the state level include Danielle Rouch as President Elect, Sandy Sutton as GDDHA Trustee and Michelle Spencer as MDHA Treasurer. Congratulations to our amazing members and all they do for our profession!

Delegates and student delegates gave written and verbal testimony on the House floor. This experience ignited the student's passion for involvement and interest regarding transitioning into becoming professional members. Thanks to all those who served as delegates and alternates; especially Oakland Community College students; Sarah Winter and Rachel Scrimger and Wayne County Community College District students; Dena Ajlouny and Stephanie Emerick.

I am eagerly waiting for what the next HOD brings and hoping new members join the fun, help to support, and protect our profession.

Best,

**Angela Rouhib, RDH, MS
GDDHA Historian**





2018 HOD!









HOD Student Perspective

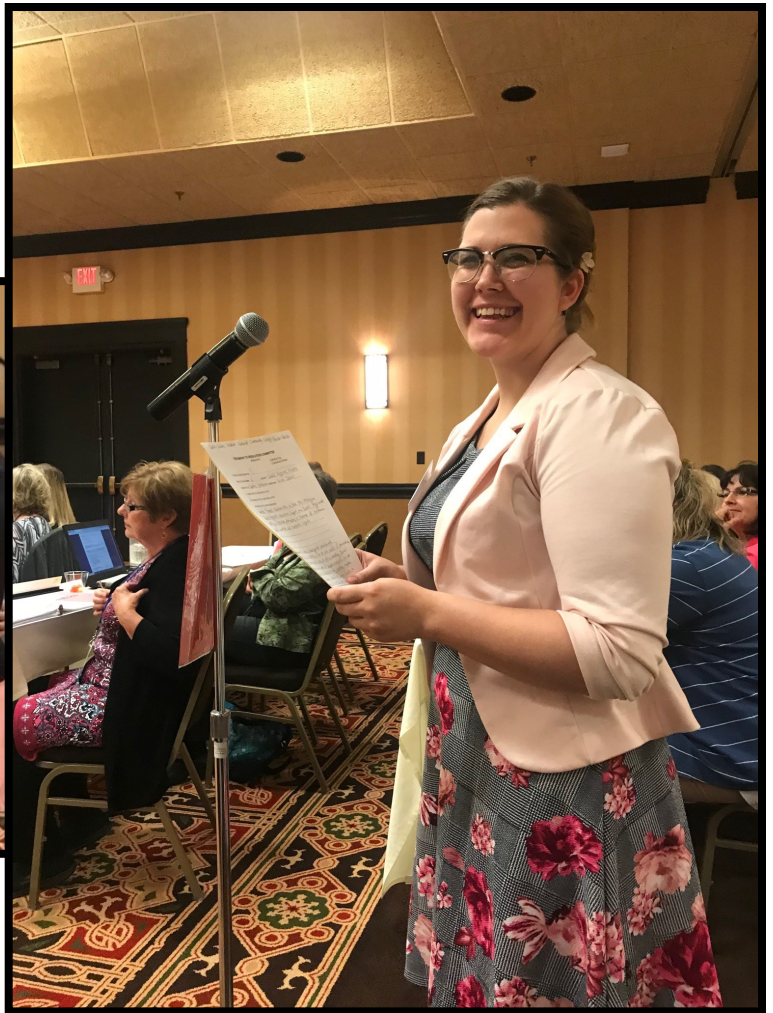
Sarah Winters, OCC Dental Hygiene Student

The MDHA HOD was extremely educational and eye opening. I am grateful to have met everyone from the Greater Detroit component and to have been included in the process in a hands-on way. It was an experience I would highly recommend to any future student. Over the weekend, every member was supportive and wanted to make sure that all the students understood the process and felt included. Seeing the process of a proposed resolution being debated and amended was very moving. Observing the ability of a group make a tangible difference to proposed resolutions that will directly affect the Dental Hygiene profession, was insightful. This experience also provided opportunities to bond with fellow students from other schools. We bonded quickly with our hotel suite mates but also had an opportunity to bond during a scavenger hunt working together and adding even more fun to the weekend!!

Thankful for the opportunity,

Sarah Winters

OCC DHY Student



DENTAL HYGIENIST OF THE YEAR

2018: Karen Lawson, RDH

At age 14 Karen was working in a general dentist office under the wing of her mother who was the dental office receptionist. In the summer of 1973, Karen graduated from high school and immediately found herself working in her mother's receptionist position while her mother recovered from breast cancer. That summer experience helped her to realize how much she liked dentistry and she was soon enrolled at Oakland Community College (OCC) Dental Assisting program. Upon her graduation from the OCC, Karen pursued her Dental Assistant career for thirteen years. She then entered the OCC Dental Hygiene Program graduating in 1986.

Karen has practiced clinical dental hygiene for thirty-two years. For the past 18 years, Karen has worked full time with Legacy Dental Group in Birmingham which features Wellness Dentistry, the forefront of holistic dentistry. Her employers encourage Karen to hone her skills with continuing education from top periodontists across the country.

Jan Miller MDHA IPP and GDDHA past president, encouraged Karen to return to our component meetings about eight years ago. Karen soon was hosting numerous component business meetings at Legacy Dental Group. She has hosted several MDHA Pre-HOD meetings in her home as Delegate and Alternates prepared testimony prior to annual meetings as well as the 2018-2019 GDDHA Summer Business organizational meeting.

Four years ago, Karen attended the MDHA HOD as an Alternate and as a Delegate each year thereafter. On the MDHA level, Karen has participated on the Legislative Council and is currently serving on the Communications Council.

In 2008, Dr. Esther Wilkins was speaking in Lansing and Karen was present. After Dr. Wilkins' presentation, Dr. Wilkins sought Karen out and thanked her for attending and being an active participant with questions and offering contributions of her work experiences. This recognition by Dr. Wilkins is one that Karen will forever cherish!

Karen has been a committed participant during the last three Mission of Mercy events working all four shifts.

Karen works part time with the Oakland County Dental Society and with this connection and the "woo part of her personality", she brings top shelf speakers to our component since she chairs our component's Education Committee.

In 2008 Karen not only started working full time in clinical dental hygiene, she also joined the Troy Volunteer Fire Department driving fire trucks and fighting fires. She retired from the Troy fire department after ten years.

On behalf of the Greater Detroit Dental Hygienists' Association, Congratulations to Karen as the recipient of the 2018 "Dental Hygienist of the Year" award!





Children's Dental Health Month

February 2019

Carolynn Zeitz, Chair

Children's Dental Health Month is fast approaching and I am looking for volunteers during the month of February to help plan and/or provide dental education to children in our communities. The idea for 2019 is to provide dental education in libraries. It would require donating a couple hours in order to provide different types of dental information to kids using interactive displays and reading a "dental" children's books.

Please let me know as soon as possible if you would be interested in being on this committee and/or volunteering at a library. Library locations, activities, and books are to be determined by the committee. All supplies for the event will be provided to those who work an event. If you are interested in having an event at your library please let me know! There is no specific dates or times, just held sometime during the month of February.

Thank you,

Carolynn Zeitz

(586) 419-2551 cell (text or call)

zeitca@udmercy.edu



Upcoming CE's

January 5, 2019 (Saturday)– CPR for BLS Providers

February 27, 2019 (Wednesday) - Personalized Periodontal Medicine; A New Approach to Total Body Health

April 4, 2019 (Thursday)- Taking the Dental Hygienist to the Patient; How to Best Meet the Needs of a Special Population

May 15, 2109 (Wednesday) - Keep Your Motor Runnin' – Instruments: Ergonomics, Efficiency and Sharpening

NEW! Register online at: <https://gddha.com/registration-forms>



GDDHA Business Meetings 2018—2019

The door is always open. We invite all members, those interested in joining our organization ,and students to see how business is conducted.

Wednesday January 9, 2019

Business Mtg
7 pm—10 pm
Legacy Dental Group
950 Old Woodward Ave
Birmingham, MI 48009

Wednesday March 13, 2019

Business Mtg
7 pm—10 pm
Detroit Mercy Dental School
2700 Martin Luther King Jr Blvd
Detroit, MI 48208

Tuesday May 7, 2019

Business Mtg
7 pm—10 pm
Legacy Dental Group
950 Old Woodward Ave
Birmingham, MI 48009



 *Happy
Holidays*


We would love to hear from you!

Let us know how we're doing or what you would like to see in the next newsletter.

Contact the editor, Autum Drew , RDH, BSDH at autum.drew@gmail.com or

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