

GREATER DETROIT DENTAL HYGIENISTS' ASSOCIATION



President's Message

Shirley H. Stroupe, RDH

Kudos colleagues for enduring another Michigan winter! Song birds, sunshine, and 61+ degrees versus 16 degrees are all indications that spring is in the air, which I'm sure we will all welcome!

Thank you to GDDHA Education Committee Chair Karen Lawson, RDH who aligned us with phenomenal speakers for 2018-2019. Our continuing education courses offered Registered Dental Hygienists information that aligns with today's cutting edge topics. The courses included: 1) how to best identify and understand dental erosion, the etiology, how to recognize, differentiate and develop strategies for preventing dental erosion; 2) how to better maintain cardiac longevity; 3) holistic medicine; and 4) integrated medicine offering Total Body Wellness Dentistry with patients understanding how to better control their overall health through daily control of periodontal disease.

Our own Stephanie DeMoss, BSDH, RDH shared information regarding the founder of St. Joseph Mercy Oakland General Dental Residency Program. She brought awareness to the need for operating room dental treatment with general anesthesia and treating patients with special needs. Stephanie gave us insight to the "Dental Prevention Coordinator" role, which seems like an area that may offer future opportunities for Registered Dental Hygienists in Michigan.

Please plan to join the May 15, 2019 meeting as Lisa Darrow, RDH, BA, CDA presents ergonomics information, as well as instrument sharpening promoting efficiency with our instruments.

Thank you to former Governor Rick Snyder who signed SB 541 making it PA 463 authorizing dental therapists in Michigan. Please read the release from December 27, 2018 which is included in this newsletter.

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The Michigan Board of Dentistry has formed a committee to design the dental therapist curriculum, which will meet the Commission on Dental Accreditation (CODA) guidelines. Two Registered Dental Hygienists, who are on the Michigan Board of Dental Examiners, have been appointed to this to this committee.

Twelve RDHs from across Michigan gathered in Lansing on February 13, 2019 for the Legislative Blitz as we represented the Michigan Dental Hygienists' Association. The event was declared a mega success as we met numerous newly elected Legislators. We were well received and a lot of interest was shown in our quest to enhance oral health care for Michigan residents.

On May 1, 2019, the Legislative Luncheon was held in Lansing. Dental Hygiene Students and numerous Registered Dental Hygienists met with State Legislators to discuss MDHA legislative interests for enhancing the oral health care in Michigan. Visit www.mdhatoday.org website to follow the legislative progress as it develops during the coming months.

GDDHA National Children's Dental Health Month Committee Chair,Carolynn Zeitz, RDH, MA, arranged the setting at Rochester Hills Library for the 2019 Children's Dental Health Month celebration on Saturday, February 23. Fourteen students from Oakland Community College participated and approximately 75 children were welcomed and participated with crafts, coloring pictures, story time, toothbrush instructions, education for healthy food choices, and pictures with the Tooth Fairy! Goody bags with a toothbrush, toothpaste, and floss were dispensed. OCC Student Liaison, Angela Rouhib, RDH, MS oversaw this high activity event. GDDHA Trustee, Sandy Sutton, RDH, BSDH staffed the Delta Dental "Rethink Your Drink" station, allowing children to measure out the amount of sugar in various sugary drinks. The "Rethink Your Drink" event was truly an eye opener! This entire event was a huge success as a result of great teamwork. Thank you to all participants including the hostesses Dawn Bastos, RDH, and Sara Conley De-Jesus, RDH.

The 5th Oral Cancer 5K Walk in Birmingham is on Sunday, Aug 5, 2019. The registration website is setup thanks to our Jan Miller, RDH, BS MDHA IPP. Go to Oral Cancer Awareness Michigan (OCAM), enter team name, Miles for Smiles, and use the password milesforsmiles2019. You can make a donation at this site if you cannot participate in the 5K.

Thank you to the 2018-2019 officers, Vice President Dawn Baker, RDH, BSDH, Treasurer Deborah Hurst, RDH, BS, Recording Secretary Maggie Pillers, RDH, Newsletter Editor Autum Drew, RDH, BSDH, and Trustee Sandy Sutton, RDH, BS, committee chairs, committee members and Members at Large that have contributed to the successes of GDDHA this year. PayPal was implemented for CE courses, a record-breaking delegation attended the MDHA HOD and the Procedures Manual was updated. Fundraising Committee Co-Chairs Andrea Stoltenberg, RDH and Karen Lawson, RDH were successful in selling holiday ornaments and wine glasses, and the 2018-2019 GDDHA Roster has been established on Google Drive thanks to Dawn Baker, RDH, BSDH. More Google Drive activities are pending! Numerous behind the scenes activities have transpired during my term as a result of committed RDHs volunteering their time and talents. I have enjoyed my role of leading GDDHA with the assistance of many.

Thank you to everyone on the GDDHA Team!

Professionally yours,

Shirley H. Stroupe, RDH

GDDHA President

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What's Happening Now— A Trustee Reporting

Sandy Sutton, GDDHA Trustee, Executive Council Trustee

The S. 22, Medicare Dental Benefit Act of 2019 was introduced on January 3, 2019. The bill had introduced coverage of dental services under the Medicare program. Here is the link to track this bill as it progresses: <https://www.govtrack.us/congress/bills/116/s22/text/is> At this time, only minor changes have been proposed. Legislative groups are beginning to pull interest to the bill through flyers and one page infographics. Michigan Oral Health Coalition released items this week. We are hoping to see great things from this bill if it makes it to fruition.

National Health And Nutrition Examination Survey Report on Dental Fluorosis for 2014-2016

The Center for Disease Control (CDC) Oral Health Director, Casey Hanan, addressed the Associated State and Territorial Dental Directors members informing them of a report was going to be released on dental fluorosis. Not to alarm you, but to keep you informed, it doesn't look good. The data was ultimately disturbing, mainly because it showed a major increase in dental fluorosis. The CDC is questioning the validity of the data because of the way that examiners were calibrated. It is citing the examiner inconsistency in the scoring methods because the scoring method used for fluorosis "has high examiner subjectivity" and that "there may be some change in the way examiners evaluated the level of fluorosis over time". It also notes, "Distinguishing fluorosis from other enamel defects can also be challenging for an examiner." The official document will be available on the CDC website shortly, but for a comprehensive breakdown and how to discuss it when asked, please see the American Fluoridation Society's website: <https://americanfluoridationsociety.org/>

Dental Therapy Legislation

Even though the Dental Therapy (DT) bill was signed into law by then Governor Snyder, it continues to be an issue. The Michigan Board of Dentistry has held two meetings of the Rules Committee to outline additional measures in keeping with the law. These meetings are open to the public and announced through LARA. Questions came up regarding the number of hours the DT must experience (500 hours) and whether it was intended to be part of the DT's program or if it was post-education. In addition, the five years of practice under a supervising dentist that are required is extreme, since when a dental student graduates from dental school, they have full license to practice.

Dental therapists are approved in eight states and are being considered in twelve more. To help with the questions that are coming from the states, the PEW Foundation has put together an expert panel of dental educators and leaders. According to a press release from PEW, the new model legislation for authorizing the work of dental therapists could lead to more uniformity among state and tribal laws governing how much education these providers should receive and how they should be allowed to practice. The Michigan Council for Maternal and Child Health is also actively staying on top of the proceedings.

There are three schools discussing the DT education using CODA standards; they are UDM, U of M, and Ferris State. One of the possible barriers that could affect the dental hygiene schools is that since the dental schools could charge a higher tuition to the DT candidates than the RDH students, the RDH could lose chairs currently belonging to them. Members of the MDHA will continue to attend these meetings to monitor what is happening. If you are not aware of the full abilities or limitations of the bill, please read it here:

<http://www.legislature.mi.gov/documents/2017-2018/publicact/pdf/2018-PA-0463.pdf>

Respectfully submitted,
Sandy Sutton, GDDHA Trustee, Executive Council Trustee

DATES TO REMEMBER

ADHA Annual Session Louisville, KY June 6/21-23/19
ADHA Business meeting 6/23-25/19
Michigan Oral Cancer Walk 8/4/19
MDHA BOT Pre HOD Meeting 9/21/19
House of Delegates Grand Rapids Doubletree 10/18-20/19
Detroit District Dental Review 11/15/19
Mission of Mercy , Flint MI— June 2020



FOR IMMEDIATE RELEASE
Dec. 27, 2018

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Gov. Rick Snyder signs PA 463 of 2018, authorizing dental therapists in Michigan

SB 541 allows dentists to voluntarily expand practices, and expands access to dental care

LANSING, Mich. — Gov. Rick Snyder has signed into law bipartisan legislation that aims to expand access to dental care for Michigan residents. SB 541, championed by Sen. Mike Shirkey (R-Clarklake), authorizes a midlevel dental provider called a “dental therapist” to perform a variety of routine procedures that previously were only performed by dentists.

Dental therapists will be a unique tool to target the currently underserved populations in our state. Language in the new law will limit their practice to safety net settings such as federally-qualified health centers, rural health centers, school-based clinics or they could work in other offices in shortage areas or where they are willing to see a majority of publicly-insured patients.

“This bill will ensure an improvement in overall access to oral health care for underserved patients, while allowing dentists the chance to expand their practices,” said Sen. Shirkey. “Too often, those with limited access to dental care resort to emergency rooms for relief and Michigan taxpayers have to foot the bill. Creating dental therapists is a solution from both a public health and fiscal perspective.”

Dental therapists will work as part of the dental team to provide preventive and routine restorative care, similar to a physician assistant on a doctor’s team. Supervised by a dentist, dental therapists can help dentists treat more patients.

Seventy-eight of Michigan’s 83 counties have at least one dental shortage area, leaving millions of Michigan residents without access to basic and routine oral care. Limited access to oral health care impacts some of Michigan’s most vulnerable residents, including seniors, pregnant women, children in low-income homes and those living in rural areas.

“Oral health is a window to overall health and well-being,” said Amy Zaagman, executive director of the Michigan Council for Maternal and Child Health. “Limited access to adequate dental health care comes with a hefty price tag—often in the form of missed days at school or work and larger dental problems that could have been avoided with routine care. We look forward to seeing dental therapists help our safety net settings and forward-thinking dentists provide access to care for many populations in Michigan currently underserved because of where they live or the type of insurance card they carry.”

For more information on SB 541, please visit www.midentalaccess.org.

April is Oral Cancer Awareness Month!!!

This year over 53,000 people in the U.S. alone will be newly diagnosed with oral cancer, which includes mouth, tongue, and throat cancer. Oral Cancer Awareness of Michigan committee & volunteers will strive to save lives and reduce these alarming statistics by providing FREE ORAL CANCER SCREENINGS and education at our **Annual Oral Cancer Awareness Michigan 5k Walk/Run for Awareness event**. This event is a great opportunity to bring together members of the dental community along with local businesses and the public, which will proudly take place on **Sunday, August 4, 2019 @ 8am**. In addition to the free screenings, there will be inspiring speakers and so much more!

This event raises awareness and early detection of the fastest growing cancer today: head and neck cancer. We provide participants with information about risk factors, signs & symptoms, and treatments of this devastating disease. Our goal is to send the critically important message of early detection and prevention not only to the general public, but also to health care providers who are the front-line specialists in screening for and detecting this disease at its earliest and potentially most curable stages.

We invite you to become a corporate sponsor of this event, providing much needed financial support necessary to make this event a success and assist the foundation in its current initiatives. These funds will enable us to raise awareness of a disease that kills one person every hour of every day, many of whom are young, non-smoking adults. In 2019, Oral Cancer Awareness of Michigan is hoping to raise nearly \$60,000 at this event to help support Michigan survivors. Please help us surpass that achievement in 2019.



Register for this event at:

<https://www.raceentry.com/races/annual-ocam-5k-walkrun/2019/register>





Legislative Blitz







Legislative Luncheon







Taking Action—Together!

What is the Michigan Dental Hygienists' Political Action Committee (MDH-PAC)?

The Michigan Dental Hygienists' Political Action Committee (MDH-PAC) is the only state PAC representing the interests of Michigan Registered Dental Hygienists. MDH-PAC amplifies YOUR voice and enables registered dental hygienists to collectively support representatives who collaborate with us to protect our scope of practice and assist us as we advance our profession.

One way a dental hygienist can “make a difference” is to contribute to the Michigan Dental Hygienists' Political Action Committee, the MDH-PAC. Our PAC has a sound reputation, attends functions where we have access to legislative leadership and where we are recognized for those good legislative deeds we have accomplished. Money is contributed to the campaigns of select Michigan Senators and Representatives, both Republicans and Democrats. Giving money opens doors for us. It will allow us to educate legislators about dental hygienists. Legislation has been passed authorizing us to administer local anesthetic and nitrous oxide analgesia, PA161, and our education into law not rule. Please donate to the PAC so we can continue protecting and moving our profession forward.

For more information and to donate to the PAC please visit their website: <https://www.mdhatoday.org/resources/mdh-pac/>



MDHA
MICHIGAN DENTAL HYGIENISTS' ASSOCIATION





GDDHA member, Jan Miller, RDH, BS, MDHA IPP posing with her gift from GDDHA. Thank you for your commitment to the Dental Hygiene Profession on the state and component levels.

For the first time, Stephanie DeMoss, RDH, BSDH, and Dr. Craig Splanger presented as a team at the Special Care Dentistry Association Conference in Atlanta April 12-14, 2019. The topic, "Dental Prevention Coordinator: Taking the Dental Hygienist to the Community" was informative as to how the RDH can work with Hospital Dentistry prior to dental treatment in the hospital operating room, during the operating room treatment, and post-treatment follow up. Dr. Spangler and Stephanie were invited to present information which entailed the who, what, and whys of the RDH role. The presentation was very well received and audience feedback revealed that dentists and dental hygienists felt inspired.



Outstanding Dental Hygienist of the Year Award

Do you know a dental hygienist that goes above and beyond for their profession and local component? Nominate them for recognition!

Click on the link for more information and to complete the nomination form!

<https://www.mdhatoday.org/awards/>

MDHA House of Delegates

This year's House of Delegates is set to take place in Grand Rapids, MI! We will be meeting at the Double Tree Hotel on October 18-20, 2019. As we begin to plan for this event, our component will be looking for qualified members to participate as delegates and alternate delegates. If you or anyone you know are interested in this honor, be on the lookout for information regarding how to run for delegate/alternation. An election process will take place during the summer. A list of qualifications/duties is included below.

Qualifications

- GDDHA Member
- Serve on Board for minimum of one year OR held an office or leadership position in a dental hygiene program
- Familiarity of the business aspect of GDDHA, including protocol, ethics, responsibilities, and importance of HOD
- Taken an active role by attending meetings, participating in projects/community work, assistance with planned events

Duties and Responsibilities

- Read all documents provided in HOD manual (emailing handled by Trustee) and come to pre-HOD meeting prepared to discuss and provide input
- Attend Pre-HOD meeting scheduled by Trustee to discuss PRs/PBYs, review HOD weekend schedule and any last minute details; if unable to attend, delegate is required to follow-up with Trustee to review the material prior to HOD and may be bumped to alternate delegate
- Delegates are required to have previously attended HOD as an alternate delegate or student delegate
- Willing and able to commit time necessary to perform duties and responsibilities
- Dress code is business attire (no jeans of any color or sweats)

Student Perspective

Jacqueline Bartlett , OCC Dental Hygiene Student

It was such a wonderful experience to help put together the event the OCC first year dental hygiene students helped organize at Rochester Hills Library. It was focused around Children's Oral Health month to help educate the community and spread awareness about oral health. There were tables set up with different dental oriented activities at each one. The children got to meet the tooth fairy and make a tooth fairy box to put under their pillow and were able to decorate their own goodie bag that came with a toothbrush, floss, and toothpaste along with educational pamphlets for both parents and kids. They were able to learn about healthy vs. unhealthy snacks. There was also a sugar presentation that included popular drinks with a visual sugar content comparison! I was able to participate and observe my fellow classmates teach, encourage, and turn oral health into something that can be fun for both the children and adults. Creating awareness and educating the community is an important part of public oral health, so it was a great experience for the first and second year students who were able to participate in this project.

Thankful for the opportunity,

Jacqueline Bartlett

OCC DHY Student



Student Perspective cont.

A group of six dental hygiene students from Oakland Community College wearing pink participated in the Strategic National Board Review Event “It’s Hygienic Michigan” and won first place!! This event took place on March 30, 2019 at Wayne County Community College.

The event was set up like a game show with teams comprised of up to six students going head to head through five rounds. In the first round, “Team Round”, each team was allowed to collaborate to answer the questions in order to obtain as many points as possible. Questions in this round were about anything from patient assessment, treatment planning, pain management, to instrument strategies.

The second round, “Battle Round” included a buzzer and team members had to be the first to ‘buzz in’ to answer questions. Points were added for correct answers and subtracted for wrong answers. Topics in this round included microbiology, pharmacology, anatomy, and physiology.

Rounds three and four were set up in a similar way as round two but included visuals and covered different topics. The final round, round five, was the case study round . In this last round the teams were back working together to read over a case study and answer ten associated questions, which they only had ten minutes to complete!

We are so proud of the students at OCC for participating in what seemed like such a fun event and even more for taking home the grand prize!

For the full article written in OCC’s newsletter, follow the link below:

<https://www.oaklandcc.edu/news/press-releases/2019-its-hygienic.aspx>



Upcoming CE's

**May 15, 2019 (Wednesday) - Keep Your Motor Runnin' – Instruments:
Ergonomics, Efficiency and Sharpening**

September 26, 2019 (Thursday) - Farmington Community Library

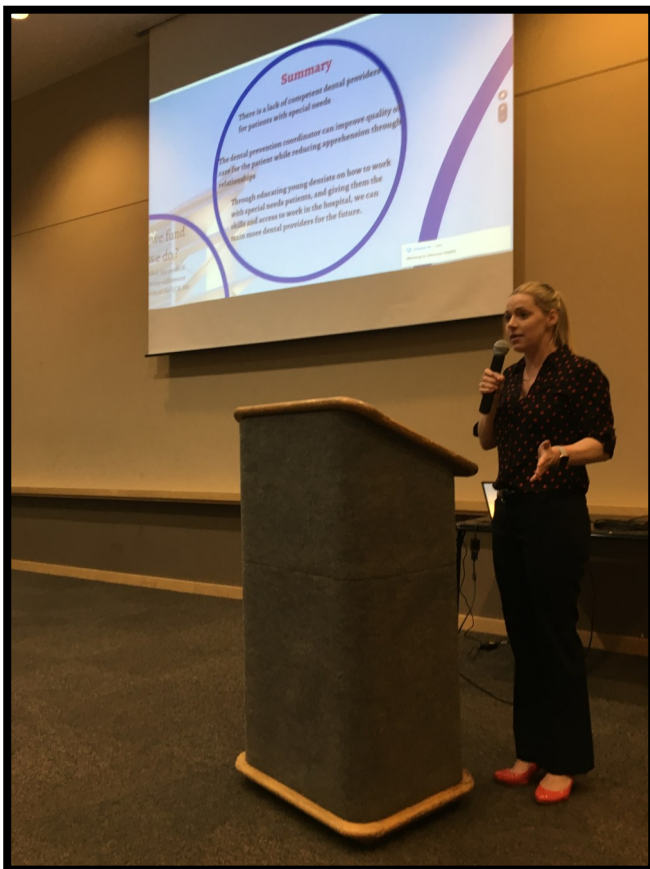
**November 15, 2019 (Friday) - Detroit District Dental Review — Historic Dearborn Inn
Dearborn, MI**

6CE's plus table clinics

\$65 (lunch included)

December 6, 2019 (Friday) - Red Run

Now register online at: <https://gddha.com/registration-forms>



Stephanie DeMoss, RDH, BSDH speaking at the GDDHA CE meeting. "Taking the Dental Hygienist to the Patient: How to Best Meet The Needs of a Special Population" Stephanie explains her role while working with Dr. Spangler at the St. Joseph Mercy Hospital in Pontiac.

GDDHA SS WINE GLASSES AVAILABLE!



Stainless steel tumbler wine glasses are great for enjoying your favorite vino on the beach, camping, out by the pool, or at your backyard bbq! Get one today for only \$12.50 and support your local component! Pictured below, these wine glasses are super sleek and are embellished with a lacey purple tooth design. All tumblers come with a silicone lid.

They are available for purchase at any CE meeting or online at: <https://gddha.com/online-registration%2Fstore?olsPage=products>. Shipping cost not included if ordering online.



GDDHA Business Meetings 2019 –2020

The door is always open. We invite all members, those interested in joining our organization, and students to see how business is conducted.

Saturday July 20, 2019

Summer Business Mtg
Wine Tasting
Oxford, MI

Wednesday January 22, 2020

Business Mtg
7 pm—10 pm
Legacy Dental Group
950 Old Woodward Ave
Birmingham, MI 48009

Wednesday September 18, 2019

Business Mtg
7 pm—10 pm
Legacy Dental Group
950 Old Woodward Ave
Birmingham, MI 48009



Wednesday March 18, 2020

Business Mtg
7 pm—10 pm
University of Detroit Mercy Dental
School
2700 Martin Luther King Jr Blvd
Detroit, MI 48208

Wednesday November 20, 2019

Business Mtg
7 pm—10 pm
University of Detroit Mercy Dental School
2700 Martin Luther King Jr Blvd
Detroit, MI 48208

Wednesday May 6, 2020

Business Mtg
7 pm—10 pm
Legacy Dental Group
950 Old Woodward Ave
Birmingham, MI 48009

The GDDHA Newsletter has been brought to you this year by our talented Editor, *Autum Drew, BSDH, RDH*. Also, Thank You to the Editorial Board members for your contributions as well. *Deb Hurst, RDH, BS, Kathy Mielke, MPA, RDH, Jackie Oliver, RDH, BS, Linda Plunkett, RDH, BS andCarolynn Zeitz, RDH, MA*