

# Athlete Medical Form



Required for all current and new athletes participating in Special Olympics.

Local Special Olympics Program: \_\_\_\_\_

**Athlete Information - To be completed by the athlete or parent/guardian/caregiver.**

First name: \_\_\_\_\_ Last name: \_\_\_\_\_ Middle name: \_\_\_\_\_

Date of birth (mm/dd/yyyy): \_\_\_\_/\_\_\_\_/\_\_\_\_ Gender:  Female  Male  Other

Email: \_\_\_\_\_ Phone number: \_\_\_\_\_  Mobile  Landline

Home address: \_\_\_\_\_

**Optional – Check all that apply:**

Race / Ethnicity	<input type="checkbox"/> American Indian / Alaskan Native	<input type="checkbox"/> Asian American
	<input type="checkbox"/> Black / African American	<input type="checkbox"/> Hispanic / Latino
	<input type="checkbox"/> Middle Eastern / North African	<input type="checkbox"/> Native Hawaiian / Other Pacific Islander
	<input type="checkbox"/> White / Caucasian	<input type="checkbox"/> Unknown
	<input type="checkbox"/> Other: _____	<input type="checkbox"/> Prefer not to answer
Language(s) Spoken by Athlete	<input type="checkbox"/> English <input type="checkbox"/> French <input type="checkbox"/> Spanish <input type="checkbox"/> American Sign Language (ASL)	
	<input type="checkbox"/> Other (please list): _____	

**Parent/Guardian Information - Required if minor or otherwise has a legal guardian.**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_ Relationship to athlete: \_\_\_\_\_

Email: \_\_\_\_\_ Phone number: \_\_\_\_\_  Mobile  Landline

Home address: \_\_\_\_\_

**Emergency Contact**

Same as Parent/Guardian

First name: \_\_\_\_\_ Last name: \_\_\_\_\_ Phone number: \_\_\_\_\_  Mobile  Landline

Relationship to athlete:  Parent/guardian  Caregiver  Family member  Healthcare provider  Coach  Other

**Associated Conditions – MANDATORY - This section must be completed or the medical is NOT valid**

Associated Conditions <i>Check all that apply:</i>	<input type="checkbox"/> Autism	<input type="checkbox"/> Cerebral Palsy	<input type="checkbox"/> Down Syndrome	<input type="checkbox"/> Fetal Alcohol Syndrome
	<input type="checkbox"/> Marfan Syndrome	<input type="checkbox"/> Spina Bifida	<input type="checkbox"/> Epilepsy	<input type="checkbox"/> Fragile X Syndrome
	<input type="checkbox"/> Other, use space below to provide details			

<b>Details</b>	
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**Assistive Devices and Accommodations - Do you use any of the following? Check all that apply:**

Mobility	<input type="checkbox"/> Walker	<input type="checkbox"/> Braces or crutches	<input type="checkbox"/> Wheelchair	<input type="checkbox"/> Removable orthotics
	<input type="checkbox"/> Prosthetics	<input type="checkbox"/> None		
Lifestyle Aids	<input type="checkbox"/> CPAP	<input type="checkbox"/> Dentures	<input type="checkbox"/> Glasses, contact lenses, or protective eyewear	
	<input type="checkbox"/> None			
Communications	<input type="checkbox"/> Hearing Aid	<input type="checkbox"/> Communication devices	<input type="checkbox"/> Sign Language	<input type="checkbox"/> None
Medical Devices	<input type="checkbox"/> Implantable cardioverter defibrillator (ICD)	<input type="checkbox"/> Implantable device for seizure management		
	<input type="checkbox"/> VP Shunt	<input type="checkbox"/> Pacemaker	<input type="checkbox"/> None	

Do you have a specific dietary requirement?  Yes  No If yes, please specify: \_\_\_\_\_

Do you use other assistive devices?  Yes  No If yes, please specify: \_\_\_\_\_

**General Health Questions**

Do you have a heart condition?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have asthma?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have diabetes that requires you to take insulin?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have a vision impairment?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have a hearing impairment?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have a bleeding disorder?	<input type="radio"/> Yes	<input type="radio"/> No
Has a doctor ever limited your participation in sports?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have epilepsy or any type of seizure disorder?	<input type="radio"/> Yes	<input type="radio"/> No
Do you have sickle cell disease?	<input type="radio"/> Yes	<input type="radio"/> No

Have you ever had a concussion?	<input type="radio"/> Yes	<input type="radio"/> No	If yes, please specify how many in your lifetime: _____ Date of last one (mm/yyyy): _____
Do you have behavioral, mental health, and/or sensory conditions?	<input type="radio"/> Yes	<input type="radio"/> No	If yes, please specify:
Do you have severe allergies that requires the use of an EpiPen?	<input type="radio"/> Yes	<input type="radio"/> No	If yes, please specify if it is to any of the following: <input type="checkbox"/> Insect stings <input type="checkbox"/> Medication/drugs <input type="checkbox"/> Food <input type="checkbox"/> Latex <input type="checkbox"/> Other (please specify): _____

**Medication and Treatment - Please list:**

Are you taking any prescription or over-the-counter medications or treatments? (Including birth control pills, insulin, multivitamins allergy shots or pills, EpiPen, asthma inhalers, epilepsy medication, anti-inflammatory medication, supplements of any kind. etc.)

Yes       No

If yes, please list:

Medication, Vitamin, or Supplement Name	Dosage	Times per day

Medication, Vitamin, or Supplement Name	Dosage	Times per day

Name of person completing the form: \_\_\_\_\_

Today's date (mm/dd/yyyy): \_\_\_\_/\_\_\_\_/\_\_\_\_

Is this form being completed by someone other than the athlete?       Yes       No

If yes, please select the relationship to athlete:

Relationship to athlete:     Parent/guardian     Caregiver     Family member     Healthcare provider     Coach     Other

***Special Olympics encourages all participants to get a yearly physical examination.***

## WAIVERS, RELEASES, AND POLICIES

Please read the following information and check boxes fully before signing.

I agree to the following:

- 1. Ability to Participate.** I am physically able to take part in Special Olympics activities, and will abide by all applicable rules, requirements and codes of conduct.
- 2. Likeness Release.** I give permission to Special Olympics, Inc., Special Olympics games organizing committees, Special Olympics accredited Programs (collectively "Special Olympics"), as well as official Special Olympics supporters and partners that have authorization from Special Olympics, to use my likeness, photo, video, name, voice, words, biographical information and similar or related material (my "likeness") to promote Special Olympics and raise funds for Special Olympics. I understand that my likeness may be used in all forms of media in local or global campaigns – including those by supporters and partners of Special Olympics – but understand that my likeness will not be used to endorse commercial products or services. I understand that I will not be compensated for the use of my likeness.
- 3. Emergency Care.** If I am unable, or my guardian is unavailable, to consent or make medical decisions in an emergency, I authorize Special Olympics to seek medical care on my behalf, unless I mark one of these boxes:
  - I have a religious or other objection to receiving medical treatment.
  - I do not consent to blood transfusions.(If either box is marked, an EMERGENCY MEDICAL CARE REFUSAL FORM must be completed.)
- 4. Overnight Stay.** For some events, overnight accommodations may be required. If I have questions, I will contact my Special Olympics Program.
- 5. Health Programs.** If I take part in a health program, I consent to health activities, screenings, and treatment. This should not replace regular health care. I have the right to decline Health programming treatment (which is different from sideline or emergency medical care) at any time."
- 6. Personal Information.** I understand that Special Olympics will be collecting my personal information as part of my participation, including my name, image, address, telephone number, health information, and other personally identifying and health related information I provide to Special Olympics ("personal information").

I agree and consent to Special Olympics:

- using my personal information in order to: make sure I am eligible and can participate safely; run trainings and events; share competition results (including on the Web and in news media); provide health treatment if I participate in a health program; analyze data for the purposes of improving programming and identifying and responding to the needs of Special Olympics participants; perform computer operations, quality assurance, testing, and other related activities; and provide event-related services.
- using my contact information for communicating with me about Special Olympics.
- sharing my personal information confidentially with (i) researchers such as universities and public health agencies that are studying intellectual disabilities and the impact of Special Olympics activities, (ii) medical professionals in an emergency, and (iii) government authorities for the purpose of assisting me with any visas required for international travel to Special Olympics events and for any other purpose necessary to protect public safety, respond to government requests, and report information as required by law.
- I have the right to ask to see my personal information or to be informed about the personal information that is processed about me. I have the right to ask to correct and delete my personal information, and to restrict the processing of my personal information if it is inconsistent with this consent.

**Privacy Policy.** Personal information may be used and shared consistent with this form and as further explained in the Special Olympics privacy policy at [www.SpecialOlympics.org/Privacy-Policy](http://www.SpecialOlympics.org/Privacy-Policy).

### SYMPTOMS FOR SPINAL CORD COMPRESSION and ATLANTOAXIAL INSTABILITY (For athlete with Down syndrome only)

If I (or the athlete) have been diagnosed with or experienced any of the following symptoms that have increased in severity over the past three years – difficulty controlling bowels or bladder; numbness or tingling in legs, arms, hands, or feet; weakness in arms, legs, hands or feet; burner/stinger/pinches nerve, pain in neck, back shoulders, arms, hands, buttocks, legs or feet; spasticity or paralysis – I must obtain a review and permission from a licensed medical practitioner to train and/or participate in Special Olympics activities.

**WAIVER AND RELEASE OF LIABILITY / ASSUMPTION OF RISK / INDEMNIFICATION**

In consideration of being allowed to participate in any way in Special Olympics activities, the undersigned acknowledges, appreciates, and agrees that:

1. While particular rules and personal discipline may reduce this risk, the risk of illness (including communicable diseases), injury (including concussion), disability, and death does exist;
2. If I observe any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest Special Olympics representative immediately; and,
3. I understand the risks involved with participation in Special Olympics activities. I fully accept and assume all risks and all responsibility for losses, costs, and damages I may incur as a result of my participation. To the fullest extent of the law, I release and agree not to sue any Special Olympics organization, its directors, agents, volunteers, and employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable owners and lessors of premises on which any Special Olympics activity is occurring ("Releasees") related to any liabilities, claims, or losses on my account caused or alleged to be caused in whole or in part by the Releasees even if arising from the negligence of the Releasees. I have read this release of liability and assumption of risk provision, fully understand its terms, acknowledge that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement. I further agree that if, despite this release, I, or anyone on my behalf, makes a claim against any of the Releasees, I will indemnify and hold harmless each of the Releasees from any such liabilities, claims, or losses as the result of such claim. I agree that if any part of this form is held to be invalid, the other parts shall continue in full force and effect.

**Athlete Name:** \_\_\_\_\_

**ATHLETE SIGNATURE**  
(required for adult athlete with capacity to sign legal documents)

I have read and understand this form. If I have questions, I will ask. By signing, I agree to this form.

**Athlete Signature:** \_\_\_\_\_ **Date (mm/dd/yyyy):** \_\_\_\_/\_\_\_\_/\_\_\_\_

**PARENT/GUARDIAN SIGNATURE**  
(required for athlete who is a minor or lacks capacity to sign legal documents)

I am a parent or guardian of the athlete. I have read and understand this form and have explained the contents to the athlete as appropriate. By signing, I agree to this form on my own behalf and on behalf of the athlete.

**Parent/Guardian Signature:** \_\_\_\_\_ **Date (mm/dd/yyyy):** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Printed Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Options for returning completed forms:**

- 1) Please e-mail [apreston@soky.org](mailto:apreston@soky.org) for a secure link to upload completed medical.
- 2) Mail to:  
Special Olympics Kentucky  
105 Lakeview Court  
Frankfort, KY 40061
- 3) Fax to:  
502-695-0496