

Thank you for choosing Blissful Massage Therapy (BMT) with Natalie Dingledine. My intention is to assist your body in healing, freeing itself of pain and discomfort of everyday activities. Due to the COVID-19 pandemic, I've updated my sanitation protocols in between clients, and added a HEPA filter. In order to provide you the best service possible, please read and adhere to the policies below:

- ❖ Please allow at least 48 hours advance notice if you need to reschedule or cancel. Cancellations in less than 24 hours result in a \$35 cancellation fee, and within 4 hours and "no shows" will be responsible for the full value of the scheduled appointment. If you need to reschedule because you are not feeling well, I understand and request for you to please contact me as soon as possible to reschedule and open up your spot to someone else.
- ❖ Payment is due once services have been rendered. Options: contactless payments paid in advance or after via <https://blissful-massage-therapy.square.site/> or Venmo @Natalie-Dingledine, are Cash, Check (after the first appointment), Apple Pay, Visa, MasterCard, Discover and American Express via Square. Be ready to provide a valid Driver's License for identification. Returned checks are subject to a \$25 fee.
- ❖ Answer the pre-screening questions honestly. If you are feeling potentially ill, feverish, suffering from sunburn, severe burns, poison ivy, or any other form of widespread skin rash/irritation, please refrain from booking a session or call to reschedule your appointment.
- ❖ Please arrive on time. Late arrivals result in reduced massage time with no adjustment in fees.
- ❖ On the day of your appointment - Text or message that you've arrived. Masks are optional for both client and practitioner, however BMT reserves the right to request a mask be worn if deemed necessary. If the forehead thermometer reads over 99°F, we'll reschedule.
- ❖ ***Within 10-14 days after your appointment, you will notify me of any changes in your health regarding COVID-19, either your own status or if you were directly exposed to someone who has been diagnosed.
- ❖ Massage/Reflexology treatments are healing aids to boost my body's own natural homeostasis. These treatments are not designed to replace or to be used instead of necessary medical care. Any information or materials given are intended to raise consciousness of a healthy lifestyle, not as medical advice. All notes taken and discussions between therapist and client are confidential.
- ❖ BMT provides only non-sexual, professional therapeutic massage and bodywork. Any act of sexual misconduct or harassment by the client will immediately terminate the session and full payment will be due.

By signing below, I acknowledge that the information provided on the accompanying Client Intake Form is accurate and to the best of my knowledge. When revisiting the office I promise to provide details of any changes to my health since my last visit, especially changes in medication or a positive result from a COVID-19 test. If I am the guardian of someone who is receiving massage and is under the age of 18, I agree to be present in the massage room during the treatment.

In addition, I understand that, because massage therapy work involves maintained touch and close physical proximity over an extended period of time, there may be an elevated risk of disease transmission, including COVID-19. By signing this form, I acknowledge that I am aware of the risks involved and give consent to receive massage and bodywork from this practitioner.

Client/Guardian Name (Print): _____

Client/Guardian Name (Signature): _____

Name of Child (Print): _____

Today's Date (MM/DD/YYYY): _____