

PLEASE WELCOME NEW BOARD MEMBERS

2024 ELECTION RESULTS:

■ Chapter Liaison - Membership: Ashlee Cranage RN BSN CWOCN

■ Treasurer Elect: Crystal Roncancio - BSN, RN, CWON, CMSRN, PHN

■ Director of Education: Tess Rose Aberg - RN, BSN, CWON, CCRN-Alumnus

■ Director of Education Elect: Chelsea Debrates - MSN, RN, CWON, CPN



Tess Rose Aberg

RN, BSN, CWON, CCRN-Alumnus

Present Employment: Certified Wound and Ostomy nurse (CWON), Rady Children's Hospital in San Diego, California

Educational Background: CWON, CCRN- Alumnus, bachelor's degree in nursing (BSN), final year master's in nursing (MSN) program to become an FNP

WOCN/PCC Membership: WOCN since 2019, PCC since 2020

Past and present positions/ activities that reflect your leadership, educator, marketing & strategic planning ability:

Past and present nursing positions include surgical oncology, burn intensive care (ICU), hyperbaric ICU, private critical care flight transport, and the pediatric ICU.

Recognized clinician and educator for generating and disseminating clinical leadership knowledge intended to improve patient healthcare, with many speaking engagements to her credit: American Burn Association conferences in 2013 and 2014; Association of Critical Care Nurses (ACCN) National Teaching Institute (NTI) 2017 and 2018; The Pacific Coast Chapter/Northwest Region WOCN conference 2024.

Co-chairs the San Diego WOC Nurse group and a national pediatric WOC nurse discussion group.

Spearheaded the implementation of an annual skills and vendor fair for all bedside staff at her hospital, a platform that fosters continuous learning and professional growth.

In addition, she acts as a peer reviewer for the Advances in Skin and Wound Care Journal. This role underscores her expertise and credibility, as one of the editors acknowledged her as an expert in her field.

What is your goal for joining the PCC Board of Directors?

Our community's growth inside and outside the PCC network is crucial to Tess. She has the zeal and zest to implement PCC strategic plans and provide high-level educational topics. Tess's vision for the future is one of hope and optimism, as she is driven by the goal of elevating the scope of practice and standards of the PCC members and the community to the next level. Furthermore, she aspires to capture the attention of healthcare providers within the PCC community, the national WOCN Society Communities, international providers, and any healthcare providers interested in WOCN education.

With the many years that Tess has dedicated to education and as a member of the PCC, Tess would suggest surveying the PCC membership regarding how to increase participation in committees/ BoD positions. Tess firmly believes that collaboration within our community is not just important, but essential. It is the key to unlocking our collective potential and achieving better patient outcomes. Together, we can achieve more than we ever could alone, and each member is valued and integral to our community.



Chelsea Defrates, MSN, RN, CWON, CPN

Chelsea is a current resident of California and member of WOCN starting in 2018.

She started her wound care career as a WTA at Rady Children's Hospital in San Diego starting in 2018. She later transitioned to the role of CWON at the same facility in 2020.

She has a master's degree in nursing education, is a certified wound/ostomy nurse and a certified pediatric nurse.

During her time in this role, she helped streamline charting and documentation for the team, updated and gave education for new graduate nurses, precepted student nurses, and helped put on yearly vendor fairs for the hospital.

She recently transitioned to a new role as a clinical specialist for Molnlycke health care.

Her goals for joining the board include increasing the engagement of the PCC nurses and to continue to provide engaging and varied content for our education offerings.



Ashlee Cranage RN BSN CWOCN

I am a Certified Wound, Ostomy and Continence nurse interested in volunteering for the Chapter Liaison – Membership opening.

I currently work at Community Memorial Hospital in Ventura, California providing inpatient wound, ostomy and continence care services.

Although I have been a nurse within our organization for 8 years, I have worked in our Wound Care Department since March 2022.

During this time, I have assisted in planning and participating in our hospital's Serious About Skin Symposium. I was also one of the speakers at our symposium, speaking on Wound Identification and Management.

In addition, my colleague and I collaborated on the creation of an ostomy clinic to provide support to ostomates within our community, which is available on a bimonthly basis.

At WOCNEXT 2024, I was a co-author on a poster presentation: Implementation of a new ostomy appliance with moldable technology reduces anxiety and improves quality of life.

Within our facility, we sought out ways to reduce the time and obstacles of learning ostomy self-care and improve quality of life, which is reflected in our poster presentation. I currently sit as the chair of our Skin Committee and participate as a facilitator for our Ostomy Support Group.

Although my journey to become a CWOCN began in 2022, in May of this year I completed my last specialty and became a tri-certified CWOCN. I am highly motivated and would love the opportunity to give back within my chapter.

In 2022, I was a first-time attendee at our national conference, and I remember how new and intimidating it can be if you have never attended a professional conference. I would love the opportunity to now give back and welcome new members and be a resource for those who need it. I am eager to help grow and maintain our memberships and be a resource for those who need it.



Crystal Roncancio BSN, RN, CWON, CMSRN, PHN

I would like to run for the treasurer elect position because I would like to contribute to the PCC. I think the WOCN and of course the Pacific Coast Chapter contribute so much to our profession through resources, research, events, networking, etc. The WOCN is truly an exceptional nursing society, and I feel compelled to participate and contribute.

Also, I think it is a great opportunity for me to advance my professional experience and meet and learn from other PCC board members and members.

I do not have any prior experience serving on board but am confident that with the mentorship of the current treasurer I will succeed in the role.

My goal for the treasure-elect position is to work well with my mentor, learn the role and then to serve well as the treasurer. I also look forward to meeting other board members and collaborating with them to continue to make the PCC great.

I am currently working as an inpatient wound and ostomy nurse at Kaiser Oakland Medical Center. My scope of practice includes adults, pediatrics and NICU wound and ostomy patients and our department services all inpatient units and the emergency department in Oakland.

A little history about myself, I graduated in 2013 with an ADN degree from College of Marin and began my nursing career working in the outpatient primary care setting and outpatient nursing case management. I have always known that I wanted to become a wound and ostomy nurse, however I discovered that I needed to get my BSN degree first.

So, I returned to school and graduated in 2017 with a BSN degree from CSU Stanislaus. During this time, I was fortunate enough to be accepted into the Kaiser Oakland new grad program for med-surg nursing. I thought that it was important to gain a foundation in med-surg before ultimately specializing in wound and ostomy. So, I worked in med-surg nursing for 4 years.

In 2021 I decided that it was time, especially after going through the pandemic. So, I went to San Jose State University Wound and Ostomy program and became certified in the summer of 2022. I have worked on the Kaiser Oakland inpatient wound and ostomy team ever since. In the future I hope to return to school yet again to pursue an DNP-FNP degree but for now I am still getting my bearings as a new CWON.

I live in Vallejo, California and am a member of the WOCN, Pacific Coast Chapter. Outside of nursing I have a husband and 2 dogs who are my world. I enjoy taking the dogs out for adventures, hiking, camping and especially the beach. I love traveling, thrifting, gardening and classic cars. An interesting fact about me is that before I went into nursing, I studied to be an auto mechanic and know my way around cars a bit. I have an old Chevy Camaro, and my husband has an old Ford Mustang.

I thank you for the opportunity to run for the treasure elect position. I would consider it an honor to serve in this role.