

**We're proud to
announce...**

**PCR first sponsored
WOCNCB
Certification Preparation
Program for
Foot and Nail Care**



PACIFIC COAST REGION
of the
**WOUND, OSTOMY, and
CONTINENCE NURSES SOCIETY®**

Foot care assessment, intervention, and patient education are critical for managing the foot issues faced by so many patients. That is why the Wound, Ostomy and Continence Nursing Certification Board created the Certified Foot Care Nurse (CFCN®) credentialing process

WALK YOUR WAY TO HEALTHY FEET

**Join us for CEU awarding walk Friday,
Saturday at 6am**

Walking towards stronger feet

Without our feet, well known benefits of walking would be much harder to accomplish every day! Walking keeps the muscles, tendons, and ligaments in our feet and ankles working and flexible. This can help us lose some weight, relieve discomfort from arthritis, and improve our circulation.



If you have a history of ankle sprains, walking can help prevent weakened tendons from becoming too stiff and can even strengthen them again.



FOOT AND NAIL CARE



WHY ATTEND?

**Earn up to 25 CEU's specific to
Foot and Nail Care.
Following this course, you will be
prepared to begin your clinical
experience
(your preceptorship must be
arranged independent of this
course)**





Validate your knowledge , elevate your practical skills, and increased ability to change lives by becoming a Certified Foot Care Nurse (CFCN)



**Thursday Oct 5th-
Sunday Oct 8th, 2023
Venue: Palomar
Health, Escondido,
California**

Key Takeaways

- To complete the didactic content required (minimum 24-hours) for the WOCNCB® – Foot and Nail Care Board Certification.
- To expand basic knowledge of the essential intervention of foot and nail care to reduce inequities of vulnerable populations while promoting and preventing pain, improve mobility and quality of life.

Since 2005, over 1200 Certified Foot Care Nurses have elevated the quality of foot care for patients in hospitals, long term care facilities, podiatry offices, and in their own homes. The increased credibility, recognition, and authority conveyed by CFCN® certification have led to greater opportunities to develop foot care interventions that improve patient wellbeing and enhance risk management.





COURSE OBJECTIVE/s:

- To expand knowledge of lower extremity assessment to prepare for care planning to include prevention of injury and deformity, therapeutic intervention and treatment of foot, nail, skin, and wound issue/s and holistic education.
- To include interprofessional service-learning concepts for prevention, intervention, treatment, education, and appropriate referral.
- To identify and intervene for vulnerable populations most at risk for foot, nail, and wound care issues that lead to falls, injuries, and amputations.

Instructor Michele (Shelly) Burdette-Taylor PhD, MSN, RN, NP-D-BC, CWCN, CFCN, LTC-R



Shelly Burdette-Taylor is a registered nurse with a masters and doctorate in nursing education. She has been board certified in wound care for over 40 years and foot care for 20 years. Shelly specialized in nursing in professional development on purpose, to promote nurses to expand their knowledge and experience to practice at the full extent of expertise as mandated by the Institute of Medicine. She was one of the three trailblazers to launch foot and nail care as a specialty in nursing in early 2000. Shelly is an educator in academia, mother, grandmother, and avid enthusiast of promoting health care for all.

"It is up to us to take care of the soldiers' wounds and feet"
Florence Nightingale, 1858 during the Crimean War.

"EVERYONE, EVERYWHERE deserves to heal and be well"
Florence Nightingale, 1858

Instructor /PCR BoD Education Director
Susan Mason, DNP, RN, MSN, FNP, CWCN, CFCN



Susan has devoted most of her 35 plus years in nursing to wound, ostomy and continence practice with special interest in treating lower extremities and ostomy care. She has held a variety of roles in independent practice, home health, acute care and healthcare leadership roles. Her vision is to enhance quality care and improve outcomes through wound, ostomy, continence and foot and nail care by maintaining high expectation for learning and improvement in nursing practice in the roles of clinician, nurse leader, educator, and professional development practitioner.



Proposed Agenda

THU – 3.5 CEUs

1500 – 1515
Registration – Sign-in – Refreshments – Appetizers – Water – High Teatime
1515 – 1530
Introductions – Faculty – Volunteers – Vendors
1530 – 1720
Overview of Course – HAI – Hygiene, Assessment, & Intervention, PTER – Prevention, Treatment, Education, & Referral / Professional practice Nightingale – 2.0
1720 – 1750
Student Introductions – Ice Breaker – Networking – What do you need / want to learn? Q&A – 0.5
1750 – 1840
Care Planning, Education & Referral – 1.0
1840 – 1900
Evaluation – What went well, not so well, and what can we do better tomorrow and in future courses?

FRI - 7 CEUs

0800 – 0830
Registration – Sign-in – Continental Breakfast with Protein – Water – TEA / Coffee
0830 – 0920
Overview of Lower Extremity Classic/s (Arterial, Neuropathic, Venous, Pressure) – 1.0 CEU
0920 – 0930
Break –
VENDOR TIME
0930 – 1120
Comprehensive Assessment and Care Planning – 2.0 CEUs
1120 – 1140
Break
1140 – 1230
Guest or vendor lunch - Speaker – 1.0 CEU
1230 – 1300
Lunch
1300 – 1520
Vendor and Practice Session – (Monofilament, Doppler, Plexor, Tuning Fork, Infrared Thermometer, etc) – 2.5 CEUs
1520 – 1550
Highlights & Review of Practice Session – 0.5 CEUs
1550 – 1600
Evaluation – What went well, not so well, and what can we do better tomorrow and in future courses?

SAT 9 - 10CEUs

(including walk and lunch CEUs)
06:30-08:00 Walk for Feet - short trail walk – could be fundraiser? 2.0 CEUs
0800 – 0830
Registration – Sign-in – Continental Breakfast with Protein – Water – TEA / Coffee
0830 – 0920
Overview of Prevention, Intervention, and Treatment – 1.0 CEU
0920 – 0930
Break
0930 – 1120
Intervention and Treatment for (Arterial, Neuropathic, Venous, Pressure) – 2.0 CEUs
1120 – 1140
Break
1140 – 1230
Guest or vendor lunch Speaker – 1.0 CEU
1230 – 1300
Lunch
1300 – 1520
Vendor and Practice Session – (Compression, Skin & Wound Care Products, Off-loading) – 2.5 CEUs
1520 – 1550
Highlights & Review of Practice Session - 0.5 CEUs
1550 – 1600
Evaluation – What went well, not so well, and what can we do better tomorrow and in future courses?

SUN - 6 CEUs

0800 – 0830
Registration – Sign-in – Continental Breakfast with Protein – Water – Low Teatime
0830 – 0920
Overview of Prevention, Education and Referral – 1.0 CEU
0920 – 0930
Break
0930 – 1120
Education and Referral (Arterial, Neuropathic, Venous, Pressure) – 2.0 CEUs
1120 – 1140
Break
1140 – 1230
Guest Speaker (Foot Care Nurse Panel of Local Experts w Q&A) – 1.0 CEU
1230 – 1300
Lunch
1300 – 1500
Scope of Practice, Legal / Ethical Role, and Opportunities of Foot and Nail Care Practice (with Panel) – 2.0
1500 – 1530
Q & A; Final Evaluation