Pacific Coast Region of the Wound, Ostomy and Continence Nurses Society

# 2016 CONFERENCE



Resort at Squaw Creek™ squaw valley

Olympic Valley, CA | April 7–10, 2016

# PCR 2016 CONFERENCE

Charleen Singh | 7190 Sierra Drive | Granite Bay, CA 95746

# **Program Objectives**

#### At the conclusion of this program, the participants will be able to

Better understand the unique role and value a nurse plays through the eyes of a patient.

Discuss ideas for creating better outcomes, inspiring yourself and those you work to serve.

Discuss the key concepts of preventative risk management and legal practices for the healthcare provider.

Define avoidable and unavoidable pressure ulcers.

Identify indications for avoidable/ unavoidable pressure ulcers according to National Pressure Ulcer Advisory Panel

Guidelines (NPUAP).

Define fistula and discuss management and discharge planning of patients with fistulas.

Recognize factors, modifiable and non-modifiable, affecting Quality of Life of people living with an ostomy.

Inspire at least one change in your clinical practice based on the evidence presented.

Recognize that a neuropathic ulcer is an emergency.

Explain the relationship between stress and strain and differentiate flotation and contouring.

Explain regulations and legal ramifications regarding pressure ulcers.

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Explain non-healing wound pathophysiology and some of the factors that affect healing.

Describe wound care therapies and standard of care and what the evidence is telling us.

Describe at least two ways we can improve and provide cost-effective and clinically efficacious solutions.

Describe the latest technologies to manage pressure ulcers.

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Identify two new methods of risk screening of pressure ulcers.

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Describe new technologies for pressure ulcer detection.

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Explain three key areas for pressure ulcer prevention implementation.

Identify key characteristics and risk factors for diagnosing red, scaly conditions.

Discuss the pharmacodynamics of medications used for eczematous conditions.

Define and compare common three eczematous & papulosquamous skin diseases throughout the lifespan.

# Registration Coordinator

Maureen Porras, BSN MA CWOCN 229 North Ave. Aptos, CA 95003 831-359-8686 pcr.treasurer@gmail.com Discuss differential diagnosis of IAD and define the relationship between IAD and pressure ulcer risk.

# Outline options for prevention and treatment.

Describe biologic dressing options for wound care.

Describe hydrotherapy for wound care.

Review risk factors for ostomy complications.

Describe options for management of difficult ostomies.

Explain best practice for ostomy care.

Describe the support surface options.

Demonstrate use of compression therapy.

Demonstrate appropriate use of fistula management system.

Demonstrate pouch application for irregular stomas.

### Vendor Coordinator

Daphne Weiland, BSN RN CWOCN 805-637-5171 pcr.vendor@gmail.com

## Education Coordinator

Charleen Singh, MSN/ED FNP-BC CWOCN 916-300-0202 pcr.education@gmail.com

# **Conference Agenda**

#### Thursday, April 7<sup>th</sup>

			CEU	SPECIALTY
7:00 am (all day)	Registration			
8:00–8:15 am	Welcome			
8:15–10:45 am	Ostomy Advanced Practice-managing complicated ostomies	Dorothy Doughty MSN CWOCN	2.5	0
11:00–12:30 pm	Exploring the Science bel Deep Tissue Injury	nind Dr. Joyce Black PhD, RN, FAAN	1.5	W
12:30–1:30 pm	Educational Lunch	Mist Therapy	0	
2:00–3:30 pm	What's new in PU & prever	tion Dr Barbara Bates-Jensen PhD, RN, FAAN	1.5	W
4:00–5:30 pm	Fundraising Run/Walk	Wound Reach Foundation		
6:00–8:00 pm	Open Exhibit (with hors d'oeuvres)			

#### Friday, April 8th

			CEU	SPECIALTY
8:00 am	What's new in Pressure Ulcer Management with Breakfast	Dr. Spahn	0	
9:00 am	Support Surfaces What's New	Erica Thibault MSN CWOCN	1.0	W
10:00 am	Biologic Dressings Best Practice	Dr. Tracy Basso DPM	1.5	W
11:30–12:30 pm	Education Lunch– Pediatric Wounds	Dr. Amya	0	
12:30–2:30 pm	Open Exhibit			
2:30 pm	Ostomy Challenges	Maggie Bork BSN CWOCN	1.0	0
3:30 pm	Building best practice for Ostomy	Linda Reynolds RN, HRN, CWOCN	1.0	0
4:30 pm	Adult Wounds– Treading through the Forest	Holy Kirkland Walsh PhD-c, FNP-BC, GNP-BC, WCNC	1.0	W
5:30 pm	Professional Practice	Gloria Escalona MS,RN-BC,PHN,CFCN CWOCN	1.0	Ρ
6:30-7:30 nm	Onen Exhibit			

6:30–7:30 pm Open Exhibit

#### Saturday, April 9th

			CEU	SPECIALTY
8:00–9:30 am	Ostomy Lifestyle with hosted Breakfast	Laura Cox, Ostomy Lifestyle Expert	1.5	0
9:30-10:30 am	Nutrition and the New Joint Commission standards for Wound Care	Annie Muto MS RD, CWCMS	1.0	W/O/C
10:30–12:00 pm	Open Exhibit			
12:00–1:00 pm	Use of instill in NPWT	Jeff Hall	0	
1:00–5:00 pm	Membership Meeting/ Silent Auction			
5:00–6:30 pm	Beyond Eczema	Dr. Margaret Bobonich, DNP, FNP-C, DCNP, FAANP	1.5	W
6:30 pm	Closing remarks			

#### Sunday, April 10th

	HANDS ON WORKSHOP	CEU	SPECIALTY
8:00–12:00 pm	Ostomy / Continence Charleen Singh	4	O/C
8:00–12:00 pm	Fistula Robyn Home	4	W/O
8:00–12:00 pm	Wrap Workshop Barbara Marie	4	W

#### OUCH Movement Event Thursday, April 7, 2016, 4:00-5:30 pm



Supported in part by Molnlycke.

For details about Molnlycke, visit www.molnlycke.org.

Please check PCR website for event details and registration for participation.

Provider approved by the California Board of Registered Nursing, Provider Number 03602 for 16 contact hours for main conference and 4 contact hours for post conference.





# **Conference Registration**

Name <sup>†</sup>	Company Name
Credentials	Company Address
<b>RN</b> License Number <sup>†</sup>	Work Phone
Phone Number	Email

Full Conference	Early Bird	Post Marked After 2/28/16	At the Door
Pacific Coast Region WOCN member	\$260	\$290	\$310
Non-PCR Member	\$300	\$320	\$340
Student	\$250	\$280	\$300
One-Day Registration	Early Bird	Post Marked After 2/28/16	At the Door
Pacific Coast Region WOCN Member	\$130	\$165	\$185
Non-PCR Member	\$155	\$175	\$205
Non-PCR Member Student	\$155 \$120	\$175 \$155	\$205 \$175

#### Check the day(s) that you will attend:

🗋 Thursday 🗋 Friday 🗋 Saturday 🗋 Sunday

#### Silent Auction:

Check here if you will be bringing items.

† Mandatory field. Must complete in order to ensure you receive your CEU credit through the BRN.

\* A Non-PCR WOCN Member is a clinician who may be a WOCN Member but is affiliated with a different region or a nurse who is not a WOCN Member.

\*\* Students are those studying to become a registered nurse. Students must show proof of student status (e.g. student ID, letter from faculty on school letterhead or copy of current enrollment).

Make checks payable to PCR-WOCN. Checks are the preferred method of payment. Send to: Maureen Porras 229 North Ave. Aptos, CA 95003 Registration online at https://www.regonline.com/PCR-2010 will also be available beginning November 1, 2015 if you want to pay by credit card.

#### **Hotel Information**

400 Squaw Creek Road PO Box 3333 Olympic Valley, CA 96146 Phone: 530-583-6300 Guest Fax: 530-581-6632 Toll free: 800-3CREEK3 www.squawcreek.com

On 195 beautiful hillside acres beneath the mammoth peaks of Squaw Valley, California, Resort at Squaw Creek<sup>™</sup> is conveniently located 42 miles west of the Reno/Tahoe International Airport, 200 miles east of San Francisco and 100 miles east of Sacramento.

Resort at Squaw CreekTM, a AAA Four-Diamond resort, is ideally situated at the base of Squaw Valley, home of the 1960 Winter Olympics. Squaw Valley is undergoing an exciting \$50-million "renaissance" in onmountain improvements.

Delivering an unparalleled recreational experience, Squaw Valley offers a winter playground for all ages. It also has a championship golf course, distinctive restaurants, boutique shopping, outdoor swimming pools and hot tubs, a luxury spa, a health and fitness center and Mountain Buddies<sup>™</sup> (supervised children's program for family travel).

#### Rates

Deluxe Guest Room\$169.00Fireplace Suite\$199.00Deluxe Fireplace Suite\$219.00Discounted Resort Fee\$10.00Valet parking\$30.00Self-parking is complimentary.

#### **Airport Transfers**

Airport Transfers from the Reno Airport to the Squaw Valley Resort will be provided by Patty's Tours. Fare cost is \$38 one way or \$78 round trip.

Book your transfer via the conference website, www.pattystours.com or call 775-453-1794.

Questions, please contact Patty's Tours at 775-453-1794.

#### **Registration Information**

Space is limited. Therefore, pre-registration is recommended. Please dress in layers as temperature can vary in the meeting rooms.

Registration fee includes: handouts, CEU certificate, 3 breakfasts, 3 lunches and a social hour. Additional receipts for registration will be available electronically upon request only. No confirmation will be sent by the PCR.

Cancellation and refund policy: A refund minus a \$25 administration fee will be made if written cancellation is postmarked by January 31, 2016. No refunds will be made after this date.