



Chicago – April 6, 2022 – Total Living Network supporting Ukranian families with meal kits and prayer.

The Total Living Network has joined forces with Mission Eurasia to provide iCare food boxes to Ukrainian families trapped by the violence and fighting for their lives in this war-torn country.

A gift of \$50 provides a family of five with a desperately needed meal kits that will feed them for a week. Gifts of \$100 will feed two families and gifts of \$500 will feed ten families. Donations can be made at TLNCares.org.

In addition, TLN has created a prayer guide: 8 Ways to Pray for Ukraine. This guide will help readers focus on points of need during this critical season. TLN President Debra Fraser said, *“Let’s not just watch the news. Let’s change the news!”* 8 Ways to Pray for Ukraine can be downloaded at TLNCares.org.

To find out more about the Total Living Network, go to tln.com or tlnwest.tv. TLN is Total Living for Total Life.

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