

2025 Granite State Flash Cross Country Schedule

October 19:	Newport HS Track	5:00-6:00	Registration
(later registration due coaches being at UVM XC Meet in the early afternoon)			
October 21:	Indian River School	3:40-5:00	
October 23:	Indian River School	3:40-5:00	
October 26:	Newport HS Track	3:00PM	
(late start time due to Tiger Run)			
October 28:	Indian River School	3:40-5:00	
October 30:	Indian River School	3:40-5:00	
November 2:	Newport HS Track	11:00AM	
November 4:	Indian River School	3:40-5:00	
November 6:	Indian River School	3:40-5:00	
November 9:	Newport HS Track	11:00AM	
November 11:	Indian River School	3:40-5:00	
November 13:	Indian River School	3:40-5:00	
November 16:	USATF New England Association Junior Olympic Cross Country Championships. Attleboro, MA		
November 18:	Indian River School	3:40-5:00	
November 20:	Indian River School	3:40-5:00	
November 23:	USATF Region 1 Junior Olympic Cross Country Championships. Attleboro, MA		
November 25:	Indian River School	3:40-5:00	
November 27:	No Practice HAPPY THANKSGIVING		
November 30:	Newport HS Track	11:00AM	
December 2:	Indian River School	3:40-5:00	
December 4:	Indian River School	3:40-5:00	
December 7:	Newport HS Track	11:00AM	
December 9:	Indian River School	3:40-5:00	
December 13:	USATF National Junior Olympic Cross Country Championships. Shelbyville, IN		