

Want to feel happier? More hopeful? Freer? More joyful?

I'd like to invite you to join me for a day of new & deepening friendships, fun activities, food, empowering techniques, singing & beautiful harp music.

Where:

When:

Bring: Food to share for a meal, suggested donation \$40

You will leave feeling happier, freer, more hopeful and more joyful than you have in years. Includes friendship & community-building, fun, learning, activities, harp, singing, potluck, and more. Join us and bring a friend for this life-changing event.

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