

REFINED BEAUTY

BioRePeelCI3® BLUE Pre and Post Care Instructions

Pre-care instructions

- Keep your skin hydrated before and after treatment
- Do not consume alcohol 24 hours before your appointment
- Do not use exfoliating products for 24 hours prior to treatment
- Do not use Retin-A or active skin applications for 7 days prior to treatment
- Do not use the self-tanning agents and avoid UV exposure for 14 days prior to treatment
- Avoid waxing, bleaching or hair removal for 14 days prior to treatment
- If you are taking a blood thinner, aspirin or any other medications you may be required to obtain a GP approval letter for the treatment.
- On the day of the treatment, please do not apply makeup.
- If you are planning to have Botox or fillers please allow 2 weeks after your Botox appointment prior to BioRePeel.

Aftercare Instructions

- Immediately after your treatment, your skin may be more sensitive than usual. Use tepid water for the initial 24 hours to wash the treated area.
- After 24 hours, use a gentle cleanser to cleanse the face for the following 48 hours and gently dry the treated skin.
- Do not use non-mineral make up for 48 hours post treatment
- Keep the skin hydrated with a gentle moisturizer.
- Do not take any inflammatory medicines for at least 2 weeks post treatment.
- Do not apply makeup or sunscreen for 24 hours after the procedure.
- Do not apply any makeup with a makeup brush, especially if it is not new/recently cleaned.
- After the initial 24 hours, apply a broad spectrum UVA/UVB sunscreen with a minimum SPF 30 for at least two weeks. A chemical-free sunscreen is highly recommended.

AVOID:

- For at least 14 days post treatment, do NOT use any Hydroxy Acid, Retinol (Vitamin A), Vitamin C (in a low pH formula) or anything perceived as 'active' skincare.
- Avoid excessive UV exposure sunbeds and tanning creams for 14 days post-treatment.
- Avoid waxing, bleaching or hair removal for 14 days post-treatment
- Do not go swimming or use the sauna/steam room for 14 days post-treatment.
- Do not participate in strenuous exercise for at least 24 hours post-treatment.
- Please adhere to aftercare advice contained in the aftercare leaflet
- Any concerns please contact the clinic

After your Treatment

BioRePeel can be safely repeated every 7-10 days until you achieve the desired results.
It is recommended to have a 3-6 sessions

It is advisable that you attend maintenance appointments approximately every 3-4 months to maintain your results.

- Hydrating
- No downtime
- Healthier skin