

REFINED BEAUTY

Morpheus 8V - POST TREATMENT INSTRUCTION

You may experience temporary erythema (redness) and edema (swelling), mild bleeding, tissue retraction, as well as heat and tightening sensations for up to a few hours after the treatment.

Treatment Area- Wash your skin with a gentle cleanser twice a day and pat dry (do not scrub).

You may notice light spotting, mild burning, itching, swelling or mild cramping for a few days. Do not have intercourse for 1 week. Do not insert tampons or anything else into the vagina for 1 week. Do not use a douche, cleanser, suppositories, or any other products in the vagina for 1 week.

No Jacuzzis, tub baths, or swimming for 1 week.

No tanning beds or self-tanning cream for 1 week.

No heavy exercise for 1 week.

At-Home Care- Apply aquafor or hydrocortisone cream as needed for itching. Apply antibiotic ointment as needed for any sores or irritated areas. You may apply an ice pack as needed for discomfort (no more than 10 minutes per hour with cotton barrier).

Hydration and comfort-Keep yourself well hydrated. You may take Tylenol for discomfort. Report any pain, chills, fever or unusual discharge immediately to Rachel Ryan, RN LLC

Morpheus 8V - TREATMENT SCHEDULE

We recommend re-treatment every 4 weeks, with a total of 3 treatments in a row. After a series has been completed, treat 1-2 times per year or as needed.

Morpheus 8V - ALTERNATIVE TREATMENTS

Having no treatment is an alternative to Morpheus 8V vaginal treatment. Procedures based upon other devices are also alternatives. There may be surgical options for your concerns. Pelvic floor exercises may be an alternative option and are recommended in combination with this treatment. V TONE electro muscular stimulation is also recommended to have a synergistic affect and aid in the treatment of urge, stress, and mixed urinary incontinence. Our V Tone device is also FDA cleared for urinary incontinence and pelvic floor therapy.