

REFINED BEAUTY

PRF/EZ Gel Instructions

We cannot treat if: pregnant, nursing, diagnosis of any hematological disorder, recent (within 2 weeks) or active infection, or during an autoimmune condition flare up. **Please get clearance from your physician if you have a history of autoimmune, neurological or psychological disorders. Do NOT stop taking any prescribed anticoagulants for this procedure unless cleared by your prescribing practitioner**

Please Avoid and Call Us If:

1. Facial surgeries/trauma within the last 8 weeks.
2. Active cold sore if treating the lip area.
3. Any use of Aspirin within the last two weeks (do NOT stop taking any prescribed anticoagulants for this procedure unless cleared by your prescribing practitioner).
4. Significant event (i.e. wedding, photo shoot) within two weeks after treatment as it can take up to 2 weeks for any bruising and swelling to subside.

Hydrate! Drink at least 64 ounces of water and eat a good snack prior to blood draw

Avoid omega 3s, tumeric, ibuprofen, vitamin E, ginko bilboa, and garlic supplements for 7 days prior.