

GRAD YEARS: 2026/2027



Middle School TRAININGS

Location: Fountain Fitness Center, Ramsey NJ

small group trainings

Month	Day		Day
NOVEMBER	Wednesdays 7:00-8:00pm	OR	Thursdays 7:00-8:00pm <small>*excludes Thanksgiving</small>
DECEMBER	Wednesdays 7:00-8:00pm	OR	Thursdays 7:00-8:00pm <small>*excludes Thanksgiving</small>
JANUARY	Wednesdays 7:00-8:00pm	OR	Thursdays 7:00-8:00pm <small>*excludes Thanksgiving</small>
FEBRUARY	Wednesdays 7:00-8:00pm	OR	Thursdays 7:00-8:00pm <small>*excludes Thanksgiving</small>

You Pick!

REGISTER TODAY! AdvancedLacrosseUSA.com
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