

GRAD YEARS: 2028/2029/2030



YOUTH **TRAININGS**

Location: Fountain Fitness Center, Ramsey NJ

small group trainings

Month	Day		Day
NOVEMBER	Wednesdays 6:00-7:00pm	OR	Thursdays 6:00-7:00pm <small>*excludes Thanksgiving</small>
DECEMBER	Wednesdays 6:00-7:00pm	OR	Thursdays 6:00-7:00pm <small>*excludes Thanksgiving</small>
JANUARY	Wednesdays 6:00-7:00pm	OR	Thursdays 6:00-7:00pm <small>*excludes Thanksgiving</small>
FEBRUARY	Wednesdays 6:00-7:00pm	OR	Thursdays 6:00-7:00pm <small>*excludes Thanksgiving</small>

You Pick!

REGISTER TODAY! AdvancedLacrosseUSA.com
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