

FACEOFFS/DRAWS
DEFENSE
OFFENSE



MIDFIELD
ATTACK
GOALIE

ICEMAN CAMP

YOUTH GRAD YEARS: 2030, 2031, 2032, 2033

Monday July 15 – Thursday July 18

Time: 9:00am – 12:00pm

Location: Sports Domain Academy, 1075 US46, Clifton, NJ 07013

Price: \$360

OPEN TO NEW + EXPERIENCED PLAYERS OF ALL POSITIONS
Players are separated by grade and skill level

ALUSA + TOP GUN LACROSSE CAMP MISSION:

- ALUSA Coaches played NCAA Lacrosse and now coach in our played positions
- ALUSA Coaches are experts at teaching proper fundamentals and new age game play
- Position Specific Training: Attack, Midfield, Defense, Faceoff, Goalie
- ALUSA's Custom Up Tempo Drills
- Live Game Play & Pick Up Games with a coaching emphasis on proper transition

CAMP STRUCTURE:

8:30-8:45am - Drop Off / Sign In & Gear up immediately

9:00am - Group Stretch / Stick Work Warm Up

9:30am - Position Specific Training: Attack, Midfield, Defense, Faceoff, Goalie

10:30am - Custom ALUSA Live Play / Drills with Constant Expert Coaching

11:00am - Live Play & Full Field Game! Apply your skills learned during training in the games!

12:00pm - Pick Up Time

ATTENDANCE WILL BE CAPPED

The ALUSA Coaches will provide positional coaching expertise inside and out of every rep

REGISTER TODAY!
AdvancedLacrosseUSA.com

Full Pads Required Custom ALUSA Jersey will be provided!