

HIGH SCHOOL BOYS - SMALL GROUP TRAINING

QUICK RELEASE

SHOOTING & DODGING SESSIONS

PLAY LOADED!



Spring Sundays - 4 sessions

Sports Domain Academy

April 7, 21, 28 & May 5th from 12-1pm

WATCH WHAT THIS DOES TO YOUR GAME THE FOLLOWING WEEK!

- **Small Group Training**
- **Extra Reps and Coaches Attention**
- **Play Fast & Loaded - Move the ball quick!**
- **Step Downs, shooting on the run, dodging, off ball movement, setting up defenders and more!**

Register at AdvancedLacrosseUSA.com