

***JERSEY SHORE
SMALL GROUP
OFFENSIVE TRAININGS
BOYS  GIRLS***

AdvancedLacrosseUSA@gmail.com To Join!

SATURDAYS at 10AM

411 Tuttle Ave, Spring Lake, NJ

JULY 13 and 20 *No session 27th

AUGUST 3 and 10

**YOUTH AND MIDDLE SCHOOL BOYS & GIRLS
ONLY OPEN TO FIRST 12 PLAYERS**

***In Depth Training Focus: Moving off ball & into your dodge.
Shooting, Dodging and IQ - Set Up, Approach, Dodge***