



# INTRO TO LACROSSE

Get ready to dive into the world of lacrosse with our Intro to Lacrosse program, specially crafted for boys and girls aged 7-11!

If your child is just starting out and hasn't had any formal training, this is the perfect spot for them! Our expert coaches are here to make learning a blast, focusing on the foundational skills that will set them up for success. It's all about having fun while building confidence and making new friends along the way! Let's gear up and get your kids on the field, where they can unleash their inner athlete and create memories! Enroll now and watch them thrive in this exciting journey with Advanced Lacrosse USA!

**SUNDAYS**

**Location: Belleville Indoor  
Training Facility**

**NO EQUIPMENT NECESSARY  
EQUIPMENT WILL BE PROVIDED**