



INTRO TO LACROSSE

For boys & girls between the ages of 7-11.

Intro to lacrosse is designed for the child who has not had any formal lacrosse training. We will focus on basic skills necessary to play the game including catching, throwing, cradling and scooping.

Grades: 2-5

Time: 2:30-3:30p

Dates: June 2, 9 and 23rd *Off on Father's Day

Location: Belleville Indoor Training Facility

**NO EQUIPMENT NECESSARY- EQUIPMENT WILL
BE PROVIDED**