

**SMALL GROUP  
TRAININGS**



# **SUMMER DEFENSIVE TRAININGS**

**Location: Sports Domain Academy**

**Time: 6-7pm**

**Mondays - June: 10, 17 and 24th**

**MS Grad Years: 28, 29 & 30**

**Youth Grad Years: 31, 2 & 33**

**Skills Training - Helmets and Gloves**

**Packages and Drop In's Welcome**

**REGISTER AT [ADVANCEDLACROSSEUSA.COM](http://ADVANCEDLACROSSEUSA.COM)**