

**YOUTH & MIDDLE SCHOOL  
BOYS**

**SMALL GROUP  
5:1 PLAYER TO COACH**



# **SMALL GROUP DEFENSIVE TRAINING**

**LOCATION: SPORTS DOMAIN ACADEMY**

**TIME: 7-8PM**

**THURSDAYS**

**Sessions Include: Footwork and approaches**

**Ground balls and stick-work, knock-downs**

**Communication: Slide packages and recovery concepts  
and much more!**

**Skills Training - Helmets and Gloves**

**Packages and Drop In Registration Available!**

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