

boys: 2033 & 2034

small group sessions

next gen trainings: perfecting the fundamentals

Offense: Catching, Throwing, Changing Hands, Shooting & Introducing Team Offense Concepts

Defense: Basic Body Positioning, Stick Checks, Footwork Patterns, & Introducing Team Defensive Concepts

SKILLS & LIVE PLAY

**FALL MONDAYS - Starts Oct 7th
7-8PM AT SUPERDOME SPORTS**

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