

ALUSA 2028 **INVITE ONLY** DEFENSIVE TRAINING

Dates: July 1st, 8th, 15th, 22nd, 29th

August 5th, 12th, 19th, 26th

Time: 6:00-7:00 PM

Location: SDA, Clifton, NJ

**ALUSA 2028 INVITE ONLY DEFENSIVE TRAINING FOR 8TH GRADERS!
ELEVATE YOUR GAME WITH DYNAMIC DRILLS, PERSONALIZED ATTENTION,
AND MENTAL TOUGHNESS TRAINING. FOCUS ON TEAM DEFENSE AND
IMPROVE SLIDES, RECOVERIES, COMMUNICATION, AND DOUBLE TEAMS.
REGISTER NOW FOR REMARKABLE IMPROVEMENT!**

QUESTIONS? - [KYLEKUTYLA.ALUSA@GMAIL.COM](mailto:kylekutyla.alusa@gmail.com)

