

September Menu

Entrees

Please Choose Entrees	
Pot Roast Slider - Shredded turkey pot roast served with a bun- 4oz (20)	
Tony's Cheese Pizza - Topped with gooey cheese and tangy tomato sauce. - 4oz (22)	
Saucy Meatballs -5 Savory beef meatballs served in rich tomato sauce - 3oz (21)	
Banquet Chicken Pot Pie - chicken, veggies, in a creamy sauce ~7oz (35)	
Cheesy Beef & Bean Burrito - wrapped in a tortilla shell -5oz (40)	
Roasted Drumsticks -2 slow roasted chicken drumsticks (4)- 5oz	
Pancake & Sausage on a Stick - Pork link wrapped in a pancake - 3oz (22)	

Vegetables

Please Choose Vegetables	
Green Beans - ½ cup Green Beans are nutrient-packed with vitamin A and K (4)	
Collard Greens - ½ cup is a good source of vitamins and minerals (4)	
Diced Beets - An excellent source of vitamin C and K - ½ cup (8)	
Mixed Vegetables - A good source of vitamin K - ½ cup	
Sweet Corn - ½ cup of sweet corn is rich in Vitamins (12)	
Fresh Baby Carrots - Served in a snack pack bag - ½ cup (4)	
Diced Peach Cup - ½ cup is a reliable source of vitamins A and C (17)	

Bread - Please Choose One

White Bread (12)	
Wheat Bread (12)	

Complimentary Choice of Single Serve One

Cheez-It Crackers (24)	
Donut (25)	

Sides

Please Choose Side	
Mashed Potatoes - Home-made with real potatoes - ½ cup (22)	
Baked Potato - potatoes baked perfectly crisp - ½ cup (24)	
Spaghetti - Al dente pasta tossed in a rich tomato sauce - ½ cup (21)	
Southern Cornbread -Sweet and savory cornbread - ½ cup (28)	
Spanish Rice - Cooked to perfection with a Spanish flair- ½ cup (23)	
Seasoned Pasta -Tender noodles tossed in a butter sauce- ½ cup (22)	
Cereal - enjoy a bowl of tasty cereal, selections on the back of the menu	

Fruit & Desserts

Please Choose Treats	
Fresh Banana is a reliable source of Potassium and Vitamin B6 (20)	
Cherry Applesauce Cup - is a good source of Vitamin C - 4oz (14)	
Goldfish Crackers - A pack of vanilla graham crackers (19)	
Oatmeal Cream Cookie - Soft and chewy cookie (15)	
Lorna Doone Shortbread Cookies - 4 cookies per pack (29)	
Grape Juice - 4oz 100% juice, a source of antioxidants (20)	
Orange Juice - 4oz 100% juice, a source of vitamin C (15)	

Milk - Please Choose One

Whole Milk (12)	
2% Milk (12)	
Chocolate Milk (24)	
Vanilla Yogurt (10)	

Have a Yummy Day!