

Figure 2.1

STEP 1: COMPLETE YOUR WHEEL OF LIFE

Rate yourself on a scale of 1–10 (10 = high) according to how satisfied you are with each aspect of your wheel of life.

Reflect on your assessment: What choices are you making? What are you saying yes to? What are you saying no to? How can you even out your wheel for a smoother ride?



Figure 3.1

HOUSE OF EGO

BECOME AWARE OF NEGATIVE STATE AND
THOUSANDS OF THOUGHTS



Figure 3.2

HOUSE OF LEADERSHIP

SET THE INTENTION OF 80% POSITIVE STATE



Figure 3.3

HOUSE OF LEADERSHIP TOOLS

DAILY SUCCESS HABITS

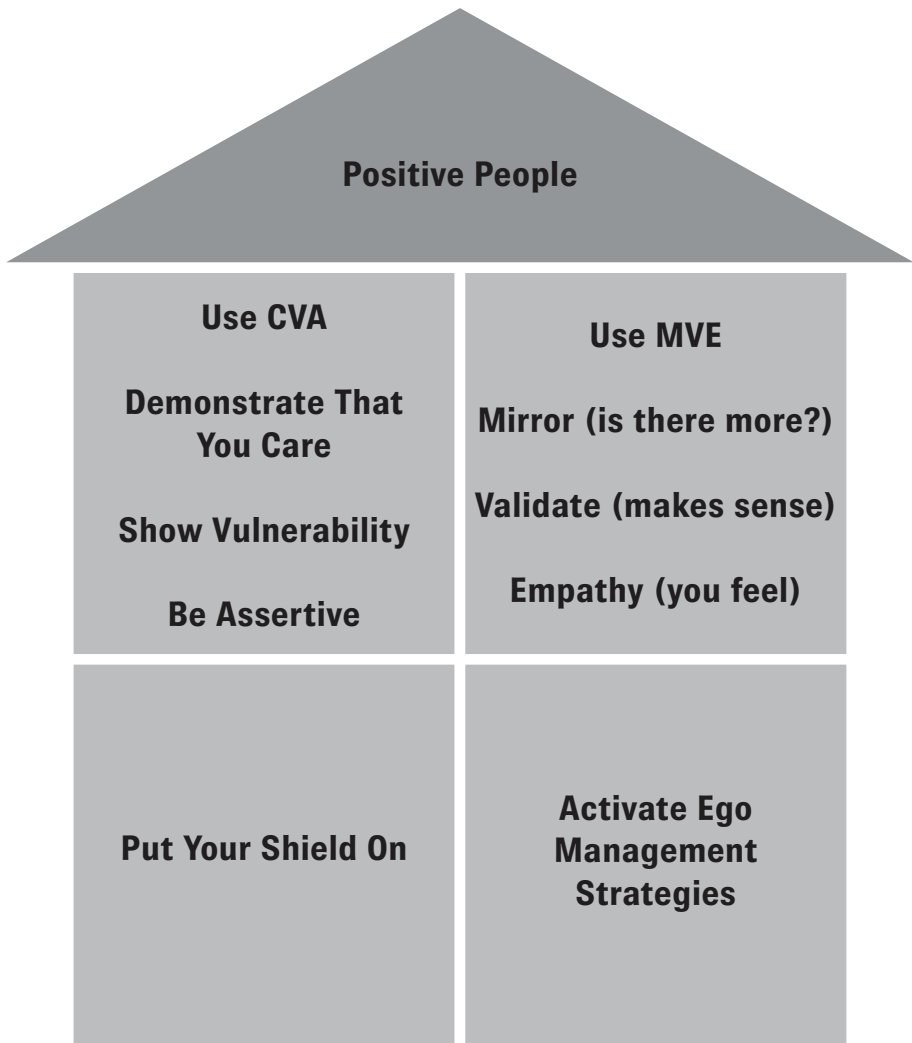


Figure 4.1

