

Physical therapy Abbreviations

@DPTIllustrated

A	AAO X3	Alert, awake, and oriented to date, person, place
	AAROM	Active assistive (or assisted) range of motion
	ABD	Abduction
	ADD	Adduction
	ADL	Activities of daily living
	AROM	Active range of motion
B	BID	Twice daily or twice a day
	Bil, bilat, B	Bilateral
	BOS	Base or support
C	c/c	Chief Complaint
	CHF	Congestive heart failure
	CNS	Central nervous system
	CVA	Cerebrovascular Accident
D	d/c	Discharge, discontinue
	DOB	Date of birth

Physical therapy Abbreviations

@DPTIllustrated

E H	DTR	Deep tendon reflex
	dx	Diagnosis
	EMR	Electronic medical record
	h/o	History of
	HTN	Hypertension
K	KAFO	Knee-ankle-foot-orthosis
L	KO	Knee orthosis
	LMN	Lower motor neuron
	LOB	Loss of balance
	LOC	Loss of consciousness
	LTCF	Long-term care facility
M	MCID	Minimal clinically important difference
	MDC	Minimal detectable change
	MOI	Mechanism of injury
	MVA	Motor vehicle accident

Physical therapy Abbreviations

@DPTIllustrated

N	NBQC	Narrow base quad cane
	NWB	Non-weight bearing
O	ORIF	Open reduction internal fixation
	OTC	Over-the-counter
P	p!	Pain
	pc	After meals
	PHI	Protected health information
	PMH	Past medical history
	POC	Plan of care
	PRN	As needed
	PROM	Passive range of motion
	Pt. or pt.	Patient
	PT	Physical Therapist; Physical therapy
	PWB	Partial weight bearing
R	R/O	Rule out

Physical therapy Abbreviations

@DPTIllustrated

S	RA	Rheumatoid arthritis
	ROM	Range of motion
	RPE	Rate of perceived exertion
	RR	Respiratory rate
	RTW	Return to work
	s/s	Signs and symptoms
	SBQC	Small base quad cane
	SCI	Spinal cord injury
	SNF	Skilled nursing facility
	SOB	Shortness of breath
T	TBI	Traumatic brain injury
	TDWB	Touch down weight bearing
	tid	Three times a day
	TTWB	Toe touch weight bearing
U	UMN	Upper motor neuron

Physical therapy Abbreviations

@DPTIllustrated

W

W/C	Wheel chair
WB	Weight bearing
WBAT	Weight bearing is tolerated
WBC	White blood cell
WBQC	White base quad cane
WFL	Within functional limits
WNL	Within normal limits