

# Levels of Assistance for Transfers or Gait

@DPTIllustrated

Level of Assistance (ranked most assistance to least)	Definition
Dependent	Patient requires total assistance to successfully complete the task safely. Special equipment may be utilized.
Max Assistance	Patient is able to perform 25-49% of the activity. Therapist provides 51-75% assistance.
Moderate Assistance	Patient is able to perform 50-74% of the activity. Therapist provides 26-50% assistance.
Minimal Assistance	Patient is able to perform 75% or more of the activity. Therapist provides 25% or less assistance.
Contact Guarding	Therapist is close to the patient with their hand on the gait belt.
Modified Independent	Patient uses assistive equipment to complete a task independently such as grab bars, slide board, or bed rail.
Standby/Supervision Assistance	Patient requires verbal or tactile cues from the therapist to perform the task safely. Therapist does not touch the patient during the task but can provide protection.
Independent	Patient is able to complete a task without any verbal, tactile or manual assistance.